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**Quiz: Suffering in silence; menstrual health taboo**

1. What percentage of girls in the UK have missed an entire day of school because of their periods?
2. 19%
3. 26%
4. 33%
5. 49%
6. True or false: 1 in 10 womenin the UK experience heavy periods.

True 🞏 False 🞏

1. How many years on average can it take to get a diagnosis for endometriosis?
2. 2 years
3. 3.5 years
4. 5 years
5. 7.5 years
6. True or false: approximately 1.5 million women in the UK suffer from Endometriosis.

True 🞏 False 🞏

1. Name one medical condition associated with heavy periods aside from Endometriosis.

**Answers**

1. **D.** 49%
2. **False.** 1 in 5 women suffer from heavy periods.
3. **D.** 7.5 years
4. **True.**
5. Polycystic Ovary Syndrome (PCOS) or fibroids.