**Berkshire Federation of WI’s**

**Knitting for patients at the Royal Berkshire Hospital**

The Royal Berkshire Hospital has asked for help in supplying 'Dignity shawls' and knee blankets in order to keep elderly patients warm. The hospital has provided knitting instructions for making these items and would be very grateful to receive them.

Completed shawls and blankets should be taken to the main entrance of the Royal Berkshire Hospital where there will be a mannequin and display on the 'Dressing for Dignity' initiative.

Using 6.5mm needles and any oddments of Aran wool.

Cast on 60 stiches loosely.

Knit any pattern you wish until the shawl measures 137cm

Alternatively to make it more interesting:-

Row 1: (right side); K1\* YO, slip 1 as if to knit, K1, YO PSSO repeat from \*

Row 2: (P2 drop yarn over) to last st. K1.

Row 3: K2 \*YO, slip 1 knit wise, K1, YO, PSSO. Repeat from \* to last stitch, K1

Row4: P3 (drop yarn over, P2) across.

Repeat row 1 – 4 until shawl measures 137cm

Cast off loosely.

Alternatively choose any stitch that you feel comfortable using.