



ULVERSTON and the MANJUSHRI KADAMPA MEDITATION CENTRE

Date: Tuesday 19th September 2017

Time: Leaving Leyland at 8.45am; Barton Village Hall at 9.15am; Carnforth War Memorial at 9.45am

Cost: £23.00

Arriving in Ulverston at about 11 am, we will have approximately 2 hours free time. There are some interesting little shops in the town, you could visit the Laurel and Hardy Museum or have a leisurely coffee/lunch at one of the various eateries.

We will then return to the coach at 13.00 for the short journey to the MANJUSHRI KADAMPA MEDITATION CENTRE at Coniston Priory, Ulverston. Should you wish, we may join in with the daily guided 15 minute meditation in the Temple at 14.00. After this we will watch a DVD about the history of Conishead Priory and Modern Buddhism. We will then be guided around the inside of the Temple and our guide will explain how it is used every day. Following the tour of the Temple, we will be shown the highlights of the historic house. Then we will enjoy a cream tea in the college dining room after which we can explore the extensive gardens, visit the shop and take a stroll to the beach on Morecambe Bay. The coach home will leave at 16.30. Please note that because numbers are limited for this visit we regret that it is limited to **WI members only**.

We hope you can join us on this visit. Please complete the application below and return it to the Federation Secretary, LFWI Office, 8 Croston House, Lancashire Business Park, Centurion Way, Leyland PR26 6TU. Alternatively please visit www.lancashirewi.org.uk and click on the Event Application to apply on-line. For further information please contact Alison Platt or your WI Secretary.

CLOSING DATE Thursday 31st August 2017

LFWI TOURS AND EXCURSIONS SUB-COMMITTEE- MANJUSHRI KADAMPA MEDITATION CENTRE

Tuesday 19th September 2017

Name of WI Secretary

AddressPostcode

TelephoneEmail

No of MembersPreferred Coach pick up:

Please return the completed form to LFWI Office, 8 Croston House, Lancashire Business Park, Centurion Way, Leyland PR26 6TU.

CLOSING DATE Thursday 31st August 2017