

# Step-by-Step Guide

## How to Make a Lonely Bouquet

*In collaboration with the National Association of Flower Arrangement Societies (NAFAS), the NFWI is supporting the Lonely Bouquet campaign on National Flower Arranging Day, Friday 5 May 2017.*

The idea of the Lonely Bouquet is to spread a little joy by making a small bouquet, or even just a single bloom, and leaving it somewhere for a random stranger to find. Last year 60,000 bouquets were made and distributed. Bouquets can be tagged to give details of which WI (or NAFAS flower club) made the bouquet with contact details.



**1. Start with a focal piece.**  
e.g. hellebore and winter jasmine  
(something with structure or line definition).

**2. Add key flowers.**  
e.g. snowdrops, honesty, pansies, vinca, pulmonaria, bergenia, doricum, epimedium, bluebells, euphorbia, aquilegia, wood anemone, grape hyacinth, wallflower, lily of the valley, forsythia.

**3. Add foliage or flowering shrub with texture.**  
e.g. ribes laurifolium.

**Add leaves.**  
e.g. snowdrop leaves, heather.

**4. Wrap moss around the stems.**

**5. Tie with garden twine, string or decorative ribbon. Attach tag\*.**



You can place the bouquet in a variety of items e.g. jam jar decorated with lace; jam jar with napkin tied around; small gift bag.



For more information visit [www.thewi.org.uk](http://www.thewi.org.uk) and type 'lonely bouquet' into the search bar.

\*You can download an editable tag from the NFWI website or from the WI Moodle.

We would love to know the journey's end of your bouquets please share your comments and photos with us on Facebook, Twitter and Instagram.



# The National Federation of Women's Institutes

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1. Start with a focal piece; choose something with structure or line definition, or a bold colour.  
e.g. a vibrant anemone.

2. Add the more delicate flowers.  
e.g. narcissus paperwhite.

3. Add foliage or greenery with texture.  
e.g. skimmia, pittosporum, box, hebe.

4. Add key flowers, stripping off any leaves first. Bring the heads up so they sit slightly proud of the bunch and can be seen easily.  
e.g. daffodils, tulips.

5. Frame bunch with leaves around the outside.  
e.g. arum italicum, ivy leaves.

6. Cut the stems.

7. Use garden twine to tie the stems at a high tying point, just beneath the heads.

8. Wrap with brown or tissue paper and tie with raffia, string or decorative ribbon.

9. Attach tag\*.

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Demonstrated by Anna Steven. Photographs by Becky Jackson Media.

