



Charity No. 506268

## **Lincs South News Sheet – Issue 54 November 2018**

### **‘Annual Meeting 2019’ (AKA Spring Council)**

**March 12<sup>th</sup> Springfields Exhibition Centre**

**10.30am until 3.30pm**

**Tickets – Member £14.50 Non-Member £16.50**

**(Closing date for tickets 1<sup>st</sup> February 2019 contact your secretary)**

**Afternoon Guest Speaker**

### **Eddie ‘the Eagle’ Edwards**



Do you know his story?

Have you read his book or watched the film?

Then come along to see the man in person and listen to him fill in the gaps.



### **News from your Chairman –**

How times flies, it does not seem a year since we started planning the Make Bake & Show but suddenly it is here, hopefully everything is in place and we are ready to go. I am looking forward to seeing all your work, as I know we have some very talented members. We are now starting to plan our part at the Lincolnshire Show June 2019, which at the moment seems quite far in the future but time has a habit of catching up with us. Well done to the ladies of the Public Affairs & Education Sub-committee for putting together an excellent lunch at Belton Golf Club. Good food, good venue, good speaker, well attended and enjoyed by all. I hear that the Boston West lunch went down very well also – two out of three is not bad going! I often wonder if members are aware that anyone can be a delegate at our Annual Meeting in the Spring or the National Annual Meeting in June. Every WI has the right to be represented by a member, she does not have to be on her WI committee to apply. These meetings give an insight into the bigger picture and what we are all about. All expenses are paid for by the WI, so no cost to the member, she has only to give her time and give a report to those WIs she represents. If you are interested, then ask your secretary for more details. I would like to draw all members attention to the closing dates of events/trips. Please make sure that your application arrives in plenty of time to the Federation office in Sleaford, thus avoiding disappointment. Late applications may result in an event or trip being cancelled due to lack of support or you not getting a place. Where possible we try to allow two meetings notice for you to decide, however we sometimes notice that the cheque or postal date is after the closing date stated – so in these cases they will not be considered and just returned. It would be easier if you send your applications in sooner rather than later. Until next time .....Debbie

#### **Take a Chance Draw – October Winners**

**1<sup>st</sup>** – L. Harding of Frampton WI

**2<sup>nd</sup>** – J. McCarthy of Tollgate WI

**3<sup>rd</sup>** – K. Phillips of Rippingale & District WI

**Prizes this year will be – 1<sup>st</sup> £20/2<sup>nd</sup> £10/3<sup>rd</sup> £10 the draw takes place at each monthly Board of Trustees Meeting – and prizes sent out asap after the draw.**

## Members Advisory Committee.

**Tip** - Did you know..... Every WI should have the updated copy of the Constitution for reference in the front of their current Meeting Record Book. The Constitution is available to download on My WI.

You should also add your decisions that were made when your WI formed which include:

the name of your WI

day, time and place of the Monthly Meeting

number of Vice-Presidents

number of members on committee

month of the Annual Meeting

any subsequent Bye-laws your WI has made

If you wish to change any details from the above, this should be done by your WI Adviser at your Annual Meeting.

Please ask your Adviser if you need any help to stay updated, we are here to assist you.

Rebecca Main - Chairman of Membership Advisory Comm

## Federation Quiz Night – September 21<sup>st</sup>

The quiz was won by the 'Gonerby Hill Billies' and second place went to the 'Sibsey Sizzlers'. Well Done ladies. The Gonerby ladies can be seen with their goody bag prizes and the Sibsey ladies with their pretty cyclamen plants.



**Next Quiz night is 23<sup>rd</sup> November at Hale Magna Village Hall, Great Hale – why not join us?**

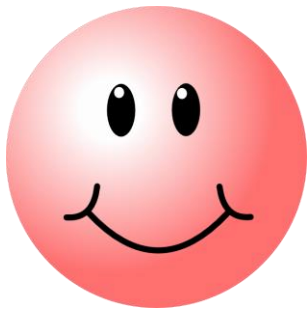
## PUBLIC AFFAIRS & EDUCATION



Our summer programme of Luncheons has ended. Members listened to 3 inspiring speakers and all venues were well attended. You obviously appreciated us coming to you! Planning has already started on selecting venues and speakers for 2019.

The NFWI mandate for 2018/19 is Mental Health Matters. The aim is to remove the stigma from mental health illness and to recognize the importance of parity between mental health and physical health. We are encouraged to take action to make it acceptable to talk about it openly in local communities. Please **Get Involved** and join us to listen to a panel of experts, each one a specialist in their own field of mental health issues for all ages, offering suggestions as to how institutes can get involved at whatever level they wish to. Members will have the opportunity to discuss and ask questions, so they can go away with greater understanding and cascade the information to their institutes. If institutes wish to send a delegate to the Forum the ticket for one member may be paid by the institute. The date is Friday 8 February 2019 at Scredington Community Centre 10.45am – 3.00pm. Scredington is easily assessable from the A15 or A52. The flyer with full details is with your Secretary

We look forward to welcoming you. Beryl Chinneck and the PA & E team



**theWI**  
INSPIRING WOMEN

### WORLD KINDNESS DAY 13<sup>th</sup> November 2018

Hello, we would like to give you a 'Smile' on World Kindness Day 13<sup>th</sup> November. It costs nothing to smile and we hope cheers you up.

Lincolnshire South Federation of WIs – WI Office, 7 Pattison House, Oak Park, East Road, Sleaford NG34 7EQ 01529 302398

Enjoy your day and why not give a smile away!

***On Tuesday 13<sup>th</sup> November you will find me near Boots Sleaford, please pop along and say hello.  
Debbie***



**Forthcoming Diary Dates** - Listed below are forthcoming events planned and organised by your Federation Board of Trustees and Sub-Committees. Each event has a stated closing date, by which all applications and payments need to be at the WI Office, and **no chq is banked until this closing date is reached** and/or places secured. **Quiz teams up to a maximum of 4 please.**

<b>Date</b>	<b>Event</b>	<b>Venue</b>	<b>Closing</b>
13 <sup>th</sup> /14 <sup>th</sup> / 15 <sup>th</sup> Nov	<b>Sinai Synagogue Visit Leeds - £27</b>	Leeds	CLOSED
16 <sup>th</sup> Nov	<b>Craft Day at The Venue, Navenby - £15</b>	Navenby	CLOSED
19 <sup>th</sup> Nov	<b>New Members Evening - £6.00</b>	Cricket Club Sleaford	31 <sup>st</sup> Oct
23 <sup>rd</sup> Nov	<b>Quiz Night – £6.50</b>	Hale Magna Village Hall, Great Hale	31 <sup>st</sup> October
29 <sup>th</sup> Nov	<b>Rockingham Castle Tour with High Tea £42</b>	Rockingham	1 <sup>st</sup> October
13 <sup>th</sup> Dec	<b>Festive Fun Flowers – £15</b>	WI Office	9 <sup>th</sup> November
10 <sup>th</sup> Jan 2019	<b>Resolution Discussion Day - £9.00 (includes light lunch)</b>	Rippingale Village Hall	10 <sup>th</sup> Dec
8 <sup>th</sup> Feb	<b>Make Time for Mental Health - £14.00</b>	Scredington Community Centre	7 <sup>th</sup> Dec
13 <sup>th</sup> Feb	<b>Walking Netball - £6.00</b>	Wellingore Village Hall	11 <sup>th</sup> January
14 <sup>th</sup> Feb	<b>Walking Netball - £6.00</b>	Pinchbeck Village Hall	11 <sup>th</sup> January
12 <sup>th</sup> March	<b>Annual Meeting - £14.50</b>	Springfields, Spalding	1 <sup>st</sup> February
12 <sup>th</sup> April	<b>Federation Quiz Night - £6.50</b>	Hale Magna Village Hall, Great Hale	TBC
9 <sup>th</sup> May	<b>In Door Archery - £8</b>	Welbourn Village Hall	20 <sup>th</sup> March
23 <sup>rd</sup> May	<b>In Door Archery - £8</b>	South Witham Village Hall	20 <sup>th</sup> March
5 <sup>th</sup> June	<b>NFWI Annual Meeting</b>	Bournemouth	10 <sup>th</sup> Nov



## **Denman Visit 12<sup>th</sup> – 14<sup>th</sup> August 2019**

The federation have reserved 50 beds for this visit and would like to fill them all. If you haven't been to Denman before this is the ideal opportunity. Everything is done for you. Transport from local pick up points. No worries about driving, trains, taxis etc. Just select your preferred course and leave the rest to us.

The courses this time will be:

Gin & Beer It – with Peter Lawrence, the history of Gin and Beer and its production, including tastings and a visit to London to a Gin Distillery.

Singing with the Beatles – with Jo Sercombe, a very vibrant tutor who will ensure you have a wonderful time. I have noticed that her students always seem to be laughing.

Mosaics with Karen Jones, making mosaics from scratch using nippers and our imagination to produce lovely keepsakes.

Wet Felting with Sue Pearl, this involves using felting techniques to produce the most beautiful small birds, Blue Tits, Robins, Goldcrests etc.

The details will be with your secretary soon. All you need to do is choose your first and second choice of course and send a deposit of £50 before 28<sup>th</sup> February 2019. If you do not select a second choice and a ballot takes place you may not be entered. Do consider coming with us. On our last visit everyone had a wonderful time, visiting Kensington Palace & Belgravia; making lots of Silver Clay Jewellery; Stained Glass and fabulous Silk Ribbon Embroidery. Lots of fun, laughter, learning and new friends made.

Pat Read – Denman Ambassador



## News from Lincolnshire South WIs



### Sleaford Centre WI

Great minds think alike, because like Wellingore WI, members of Sleaford Centre WI also enjoyed a visit to Heckington Windmill this summer. We spent a pleasant afternoon at the Mill in August in lovely sunshine and much enjoyed the excellent cakes and tea provided by the volunteers who made us very welcome.

Jill Butler – Sleaford Centre WI

### Craft Day Workshop – WI Office, Sleaford



Eight ladies took part in this workshop ‘An Introduction to Cross Stitch’. Some had never done it before and some not since Primary School. However, it turned into a very satisfying and successful day. I set them a supposedly two-hour project, which even the experienced stitcher might not accomplish in that time. Three ladies completed their work and the rest well on their way to complete at home. As well as learning something new, these small workshops in the office are very sociable events and a means of meeting members from other WIs. Do consider the rest of the events which the Federation (with the help of the Creative Craft and Cookery Committee) put on for your benefit.

Sandra Overton – Creative Craft and Cookery

## Creative Craft & Cookery Committee

### ‘Recipe Corner’

Our new feature recipe corner, when space allows we will feature a tried and tested recipe for our readers. Here is our first recipe submitted by Trustee Jean Cox.

Bean & Tomato Soup – a quick healthy winter warmer, high in fibre and low in salt and sugar.

Serves 4

2 Celery sticks, finely chopped/1 small onion, finely chopped/Sprig of fresh thyme

575ml (1 pint) vegetable stock/400g can of tomatoes/200g can of baked beans in tomato sauce/Worcester sauce to taste/Salt and black pepper and fresh parsley to garnish

Method

1. Cook the celery, onion and thyme in a small amount of stock until tender.
2. Puree the tomatoes and beans until smooth.
3. Mix the tomato mixture into the celery and onions, add remaining stock, add Worcestershire sauce and seasoning to taste.
4. Remove thyme, bring to the boil and simmer for 5 minutes before serving
5. Delicious with some crusty bread on a cold evening!



**Do you have any ‘tried and tested’ family recipes which you are willing to share? If so, please send to the WI Office for publication in a later edition. Thank you**

**PLEASE LET US KNOW!** Please remember if you have a WI event or just something you think other WI members would like to hear about send a report into WI Office – some ideas are worth sharing and if you have enjoyed a speaker once again let us know. If space allows we can print in a future news sheet or feature on our social media pages (with your permission).



**Navenby WI - CHRISTMAS BAZAAR**

**Saturday 17 November 2018 at 2 pm**

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**Cards, Scarves, Handbags, Crafts, Cakes, Preserves**

**& Face Painting for the children**

**TOMBOLA, RAFFLE & REFRESHMENTS**

**Navenby Methodist Church Hall**

**All Welcome**



**Email version of news sheet** – for a while we have been experiencing problems with BT – and after hours of telephone calls to them we have now been informed that our business package with them is unable to deal with the sending out of our news sheet, therefore we are changing domain/hosting and moving away from BT – by the time you read this it is hoped that all should be up and running smoothly (fingers & toes crossed).

Apologies to all email version members and thank you for being patient.

**Inclusions for News Sheet** – Please send copy to WI Office or email first week of the month for inclusion that month (remember we work a month in advance) Editor: Mrs. Deborah Venn – Federation Chairman

If photographs are submitted, please make members aware that they could be featured in news sheet/website/Social media or Lincolnshire Life. Ensure members involved will allow this please. **Office Contact Details** – WI Office, Suites 7, 7a and 8 Pattinson House, Oak Park, East Road Trading Estate, Sleaford, Lincs NG34 7EQ. 01529 302398 fedoffice@lsfwi.org.uk Charity No – 506268.

If you wish to advertise in this news sheet – free to WI's, non-WI 40p a word, plus £5 for insertion. To have a flyer included please supply 100 copies and payment of £36 – Cheque made payable to LSF of WI. Office Hours – Monday to Thursday 9am to 3pm. Closed 12 noon to 1pm lunchtime and all-day Friday. During winter months – Mon and Thursday will close at 2.30pm. LSFWI is affiliated to the National Federation of Women's Institutes, 104 New Kings Road, London SW6 4LY Telephone – 020 7371 9300. Charity No 803793

**To reach WI Office** - Turn off East Gate Road by Kwik Fit – we are at the bottom on the right-hand side, a large square building just after Go Dance Studio. **Borrowing the Federation Gazebo/Flags** – You may borrow this for your events. Call the office or email for further info or to see if available for dates required. It is quite heavy and awkward so best if two people call to collect and return.



**WI Office Parking** – To remind members coming to the office that we only have 4 parking slots in front of the office; the remaining spaces belong to the other offices within Pattinson House. However, there are usually places to park just across from the Go Dance Studio on a strip of grass. Thank you