



North Yorkshire West Federation News

**Nov / Dec
2019**

In this edition:

Committee news
P4-9

Climate Change
Update
P10-11

Upcoming events
P12-13

Federation
Updates
P14-15

Around the
Federation
P16-19

Recipe
P22

Puzzle
P23

theWI
INSPIRING WOMEN

Christmas Carol Service



Wednesday 18th December 2019

Ripon Cathedral

2.00pm

**£5 per adult/children free
(including refreshments)**

***Come and enjoy a performance from our
Federation Rock Choir!***

Alma House
Low St Agnesgate
Ripon
HG4 1NG
01765 606339
nywfw@btconnect.com

Office Hours now 4 days a week:
Monday, Tuesday, Thursday & Friday
9.30am –12pm & 1–3pm
www.thewi.org.uk/northyorkshirewest
Find us on Twitter & Facebook
NYWFWI Charity Reg. No. 513934

At a Glance: The Next 3 Months

All finish times are approximate. Please note closing dates for booking (with full details of events are on p12-14). Places will be allocated at random from all bookings received by that date.

Date	Event	Time
Nov Tue 12th	Patchwork with Anne Starkey	10am-4pm
Tue 19th	Felt Wreath Workshop	10am-4pm
Mon 25th	Resolution Selection Meeting (Alma House)	2pm
Tue 26th	Christmas at Castle Howard	Full day
Tue 26th	Christmas Willow	10am-4pm
Thur 28th	Food and Flowers	10am-3:30pm
Sat 30th	Resolution Selection Meeting (Hellifield)	2pm
Dec Tue 10th	Stained Glass Christmas Items	10am-4pm
Thur 12th	Christmas Show	10:30am-3:30pm
Wed 18th	Federation Carol Service	2pm-4pm
Feb Tue 11th	Felted Jack the Rabbit	10am-4pm
Sat 29th	Service of Thanksgiving	11:30am-12:30pm

Kathleen Bird Trophy: LOVE YOUR WI



This challenge is for everyone in your WI to participate and then be creative. Every member writes down one word that sums up their WI, the more imaginative the better.

Take each different word [10 'friendships' only count as one item] and turn them into a piece of creative art no bigger than A3. The challenge is how the words are displayed e.g. round a pringle tube, as a dish, as a badge... be creative, it is the WI after all.

Entries may be delivered, sent by email or post to the Federation office to arrive no later than Friday 28th February 2020 and these will be on show at the Spring Council Meeting 2020.

Chairman's Update

by Julie Clarke (j-a-clarke@hotmail.co.uk)



How quickly the year has passed and now the final newsletter for 2019, many of you will be holding your annual meetings during November when you'll be reflecting on all you have done during the past year, and I hope achieving a financial result which shows just what good value you've offered to your members and having a little to go forward towards 2020 which I hope will prove another successful year for you.

We here at the Board have had changes too with both Lesley and Carol retiring and new faces joining, Jean, Judith, Tamsin and Marcia, unfortunately for us Tamsin has returned to Devon. I hope like the Board your WI will have gained new members joining and after the AGM possibly different positions for members on your Committee.

Returning to the here and now, what a lot we still have to look forward to this year, Castle Howard, Food and Flowers, Resolution Selection Meetings Christmas Show, not to mention the numerous workshops and finally our Carol Service at the Cathedral, which for me is the true start of the festive season.



I hope many of you will join in some of these activities and support what your hard working committees have planned for you to enjoy, and I look forward to meeting you and finally I hope what ever you plan over the festive season you have a very happy time and I look forward to meeting you again in 2020 which will be the Centenary Year for Yorkshire Reunited.



Enjoy your Institutes Christmas festivities at your December Meeting.

Happy Christmas!

Julie

Reports from Committees

Craft & Home Economics

by Judith Stansfield (judstass@gmail.com)



It was sad that the Garden Bees and Honey Day had to be cancelled for lack of support – it had promised to be a good day. The Fashion Show promises to be a good night and the Christmas Show at Spofforth is an opportunity for you to show off your skills or come and get some



good ideas for your own Christmas celebrations! The Christmas Cake Decorating, Felt Wreath, Christmas Willow and

Stained-Glass workshops will also be good for providing seasonal artefacts to enhance your home.

We are still keen to plan workshops at venues further away from Alma House, but we will need local support to make them viable. Please let us know what you would like to do and what times and days are good for your members.



Treasurer's Report

by Sue Earl-Armstrong (smea48@yahoo.co.uk)



As the nights draw in and we start looking forward to events coming up, how about getting a Federation Newsletter to keep up with all that is going on within the Federation and other WIs. Due to increased costs in producing the newsletter, the annual subscription from Jan 2020 for a paper copy has been increased to £5.75, less than 60p per month. Costs for email copies will stay the same as last year. If your WI has sufficient funds, they could pay for them and introduce a share scheme where you can swap with other members.

As you all now know the WI Subscriptions have risen, I have

broken it down to a manageable figure for each meeting, based on 11 meetings per year, it would cost just £3.90. Where else can you go and meet friend and have a speaker or demonstration for that reasonable amount?

Just to remind you that we are here to help any Treasurers who may be struggling with their accounts. You can contact us 01765606339 or if you would prefer a one-to-one, let us know we are happy to set something up.



Public Affairs by Liz Whapples

(liz.whapples@gmail.com)



The Committee are looking at ways to provide educational opportunities for our members and we would welcome any ideas that you have to expand our programme. Having arrived back from my travels, I am looking forward to catching up with many of you in the next few months at the events we are organising. Jackie and the Committee have been working hard whilst I have been away and hopefully you will be inspired to attend some of them.

November and December can be extremely difficult times for many people particularly those who live alone and in isolated communities. So this may be a good time for all us WI members to look at how we can help any of those who we know are in this situation to get through these difficult months. Not only is the weather not so favourable during November/December but also many of us are busy getting ready for Christmas and family times not to mention all the shopping and organising which will take place. This loneliness does not always apply to the elderly either. WI can help in so many ways providing transport, help with shopping or even just popping in for a chat or giving people some time when passing them in the street. On this point it is World Kindness Day on the 13th November;



perhaps we could all try and make a point on that day to be particularly kind to.

Finally have any of you been involved with the 2019 Resolutions or in fact any of the previous Resolutions? If so, please let us know. Below is a list just as a reminder of the Campaigns that WI are behind.

What have you supported?

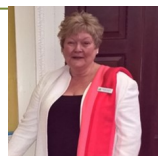
- Get on Board for a Better Bus Service
- No More Violence Against Women
- Five Minutes That Matter
- Make Time for Mental Health
- Link Together
- End Plastic Soup
- Food Matters
- Carers Welcome
- Climate Change
- More Midwives
- SOS for Honeybees
- Time to Talk about Organ Donation
- Care Not Custody
- Supporting UK Dairy Farmers



Have a great Christmas!

Arts and Leisure by Heather Stoney

(hjstoney48@gmail.com)



Here we are with the last report of 2019, how this year has flown by, I do hope that you have enjoyed your year.



It would be lovely to see you at the Carol Service at the Cathedral on Wednesday 18th December at 2:00pm. Please may

I take this opportunity to apologise to our members who work and are unable to join us at this special occasion? Because of the huge calendar of events that the Cathedral holds during December we are unable to book a Saturday. We did hold a Carol Service two years ago on a Saturday in the Quire, sadly it will only seat 120 members of the congregation and we had to disappoint members. This years' service has been booked for over one year; I can hear members say 'why Ripon Cathedral?' Two reasons. 1) The federation office is in Ripon, which allows us to book the Cathedral at a local rate which enables us to keep the cost of the ticket down. 2) There is nowhere else large enough in the federation to allow many of our members to attend this wonderful service.

Sadly this will be the last occasion that one of our choir masters will be conducting the Federation Choir. Kay, Choir master of the Crakehall group of members, is standing down at the end of the Christmas term.

Kay will be sadly missed for her enthusiasm and hard work. Kay was an integral part of helping me with the formation of the choir. We will miss you, Kay.

Please if anyone would like to help with the running of a branch of the choir or knows of anyone, please contact me.

On to 2020, there are a number of events planned, please do look in your January edition for further details of events. We are going to hold trips, tours and competitions, including drama, archery and a ukele day, trips to the theatre and Holker Hall.



I will end by wishing you all a very Happy Christmas and Healthy Peaceful 2020.

Communications & PR by Jackie Williams
(jackiewilliamsmden@gmail.com)



Ladies, in the blink of an eye 2020 will have arrived and Christmas will be a Joyful memory.

As we turn the New Year page on the calendar, the Comms & PR Committee will be supporting the BoT to work on improvements in response to Our Federation, Our Future questionnaire replies. Hopefully your WI committees will have arranged 10 minutes or so to take you through the results of the questionnaire responses, and you will have got a

sense of the commitment from the Board to introduce changes so that more members can access more events and workshops that they wish to do.

Comms & PR are also planning to run some training events next year on "Internet and Technology for Daily Living". What we mean by this, is to put on some sessions to help our members get the best from their mobile smart phones, tablets or laptops: from diary management to internet shopping, from texting or

messaging to emailing, anything that might make our daily lives easier. If I see you out and about at our seasonal events, as I hope I will in the coming weeks, do stop and let me know what your preferred technology training needs are, and we can try and incorporate these into the programme. Alternatively drop me an email, on the usual address above.

As I enjoy the sweltering mid 30's September temperatures that Florida is offering me and my family just now as I am writing this article, it feels very odd to be wishing you all a Happy Halloween, and Christmas Greetings. However odd it feels though, the sentiment stays true and I wish you all the Very Best of Season's Greetings!



Send a report to Federation News

If you would like to feature in the Federation News, you can submit a report and pictures by emailing nywfnews@gmail.com. Don't forget to include your name and your WI name, along with pictures attached as jpeg files (NOT pasted into your report). Reports should usually be no more than 300 words, and may be edited for publication.

Membership

by Pauline Bowman (Pauline.bowman@icloud.com)



All secretaries will have received in the mailing this month, two notices from the Membership Committee. Firstly, a form for you to complete to invite a WI Adviser to attend your Annual Meeting. I would urge you to do this as they are there to support you. Time and money has been invested in their training, so you need to tap into their knowledge to ensure you are not missing out on any vital information.

Secondly, our Kathleen Bird competition. The chance for all those innovative minds out there to come up with something really new and 'outside of the box'. I look forward to receiving your entries. The closing date is the end of February and the entries will be on display at the Spring Council Meeting where the winner will be announced.

At our Committee Meeting this month one of the points for discussion was that we rename the Membership Committee to Membership Support. A much

more exacting description of this group of members/Advisers. Support is what Advisers are trained to provide and is a more user-friendly title than Committee. This will now be taken to the Board of Trustees for approval in October. Another point of discussion was our programme for next year.

Whilst we will deliver the usual sessions such as Speakers Snippets and Treasurer's support, particularly online support, we will be offering some refresher training on the MCS and a workshop for Programme Planning. An afternoon tea is also in the pipeline and any ideas for an inspirational and informative speaker, please forward to myself.



Good luck at your Annual Meetings and a very happy Christmas and a peaceful and healthy New Year to everyone.

Looking Ahead: 2020 Great Yorkshire Show

by Julie Clarke (j-a-clarke@hotmail.co.uk)



14/15/16th July 2020

2020 brings fresh challenges and I'm wondering if you could help with the planning of the event. This year we are looking for a Catering Co-ordinator and an Exhibition Co-ordinator taking responsibility for a section and working with the GYS Chairman and committee, in the planning and organisation of the position selected. I'm happy to discuss what is required before you make

a commitment so if you are interested why not drop me an email or tel. 01969 640271 and we can arrange to meet to discuss what is involved.

As you are aware this is our opportunity to showcase the WI and raise much needed funds to help with the Federations finances. Don't hesitate if you'd like to know more then please contact me before finally deciding if it's for you.

Denman 2020

There are still places available on the Federation visit to Denman College on 4-7th May. You can bring along family, partners and friends at an additional cost of £60 a person. Booking forms are available from Alma House or downloadable from the website at www.thewi.org.uk/northyorkshirewest. You can participate in marquetry, glass clay or creative writing workshops or make visits to the treasures of Oxford or the Cotswolds.



Denman is also running some Friends and Family workshops on 29-31 May with Modern Calligraphy, Decoupage, Lantern Making, Seasonal Baking and Silver Clay as options and on 3-5 July there is Flower arranging, Restorative yoga, Calligraphy, Baking, Indian Block Printing and Lantern making available. They cost £400 for members and £425 for non-members. Full details of these weekends and many other courses and booking at www.denman.org.uk

Challenging Climate Change

by Wendy Knight, Ure with Leyburn WI



Hello. I am part of the team of WI Climate Ambassadors, working to raise awareness of the issues facing present and future generations due to global heating. Currently, there are three of us in the NWFWI. The others are Viv White, Darley Debs and Liz Whapples, Chair of the Public Affairs Committee.

As I write, there has been wide coverage in the press and on TV of the week of global Climate Action, starting last Friday, 20th Sept, involving many millions of concerned people.



One Friday, just a year ago in Aug 2018, a 15 year old girl sat all alone with a placard outside the Swedish Parliament. Her message (translated) was School Strike for Climate. After a year of Friday school strikes, 20th September saw mass peaceful marches of school children & students, joined by adults from all walks of life and of all ages, coming together in major cities across the world and in small towns in Africa, and tiny communities in Pacific islands - 5700 marches across 185 countries. The youth movement, started by an extraordinarily passionate young woman, has mobilised many millions of people in just 13 months.

Events of the last year fill me with hope. In the words of this young Swedish activist, Greta Thunberg, who has changed the debate across the world...

“No-one is too small to make a difference.”

Every mass movement starts with individual steps.



At the other end of the age spectrum, at 93 years old, one man has done more to raise awareness through popular TV, of the beauty of the planet we all live in, and its perilous state, than any government body. He is our National Treasure, David Attenborough. His programmes are not only a celebration of the wonder of the natural world, but, in the last few years, they have telegraphed an urgent clarion call to action to all of us.



Here in North Yorkshire, we may not yet notice the effects of climate breakdown, but many parts of the world are already suffering; Greenland's ice sheets are disappearing, South Sea islands are being inundated, parts of Australia and Africa and the Indian subcontinent are becoming uninhabitable, tornadoes, hurricanes and typhoons are growing in

intensity and the Amazon is burning. Of course, this is both immensely concerning and depressing, but the Youth Climate mobilisation asks us all not to ignore them and their future.








It is better that a million of us reduce consumption and recycle imperfectly, than that one person is perfect at reducing their impact on the world's resources.

Each of us, leading by example, sends a powerful message to friends and relatives. If you have tips and ideas you wish to share via this space, or if you would like to be involved in future initiatives on Climate Action, please let us know.

**Our FB page is: NYFWFI Climate Change Action.
Join to read our posts!**

Events and Workshops

All finish times are approximate.

KEY		Extra cost for kit		Equipment required		Food included	 Coach travel included
		Interactive workshop		Tea & biscuits included		Wine/punch provided	

Felt Wreath Workshop

Tuesday 19th November, 10:00am-4:00pm
Alma House

£27 includes all materials
Check availability



Enjoy creating a floral wreath using felt, scissors and a hot glue gun. The floral techniques can be used for brooches, hair accessories and millinery. Minimal sewing required. Bring a packed lunch.

Ripon Cathedral Christmas Fair:

Federation Choir Performance 2:40pm-3:10pm

Saturday 23rd November, all day event
Ripon Cathedral

Go along and listen to our choir perform 2:40pm-3:10pm. Please note this is not a Federation event.

Resolution Selection Meetings

Mon 25th November / Sat 30th November, 2pm
Alma House / Hellifield Village Hall



£7.50
Check
availability

Review the shortlisted resolutions agreed by the NFWI Board and receive the information you need to make the best decision when voting.

Christmas at Castle Howard

Tuesday 26th November, all day
Castle Howard



£40 including entry and
luxury coach
Check availability

Visit Castle Howard Decorated for Christmas, this year's theme is "A Christmas Masquerade. Visit is back by popular request.

Christmas Willow

Tuesday 26th November, 10am-4pm
Alma House



£35 plus £10-15 for materials
Check availability

Choose from different projects ranging from Christmas tree decorations to angels, stars and larger trees on log bases. Bring a packed lunch.

Food and Flowers**£28**

Thursday 28th November, 10:00am coffee
Darley Memorial Hall



Check availability

Come and enjoy the day with Jane Lovett Cookery Demonstrator and Lee Burrell, our Flower Arranger, plus a 2 course seasonal lunch.

Stained Glass Christmas Items

Tuesday 10th December, 10am-4pm
Alma House



£35 plus £10 materials

Booking closes 10th Nov

Make 2-4 Christmas decorations. Bring wipe-clean apron, washing up gloves, scissors and a pencil. Please remember to bring a packed lunch.

Christmas Show

Thursday 12th December, 10:30am-3:30pm
Spofforth Village Hall

**£20**

Booking closes
25th Nov

Christmas Show entries, a morning of Christmas fun, Christmas themed lunch and the day rounded off with Judith Hibbert popular entertainer.

Christmas Carol Service

Wednesday 18th December, 2pm
Ripon Cathedral

**£5**

Booking closes
18th Nov

Come and enjoy the carols and readings in this magnificent building. Hear the Federation Choir give their final performance of 2019.

Everyday First Aid Course

Wednesday 29th January, 1pm-3:30pm
Alma House

£7.50

Booking closes
29th Dec

This Red Cross First Aid session provides you with skills and confidence to help in a first aid emergency.

Felted Jack the Rabbit

Tuesday 11th February, 10am-4pm
Alma House



£35.00 plus £10 for
materials

Booking closes

Learn how to make this cheeky little chap from natural sheep wool.

Yorkshire Reunited—Service of Thanksgiving

Saturday 29th February, 11:30am-12-30pm
St Michael Le Belfry, York

£5

Booking closes
22nd Nov

This will be the first event in the calendar to celebrate Yorkshire's Centenary 1920-2020 had the Federation not split in 1983. We need to know how many tickets are required and if you wish the Federation to arrange transport. The booking form is already with your secretary so please let the Office know by 22nd Nov what your Institute's requirements are.

Federation Updates

Your Federation Rock Choir needs Help!

In the words of that famous Beatles Song – *Help!*

Which is appropriate as this is the Federation Rock Choir. Sadly our Choir Master and Accompanist who lead the Crakehall group are leaving the Choir at Christmas. If you know of anyone who is musically trained and has two hours every two weeks to train our Crakehall branch of the Choir, please let me know.



The catchment area for this group is, Coverdale- Masham- Bedale and surrounding villages. The position is a paid post plus travel expenses.

All three choirmasters work very closely together and the choir all join together for performances.

If further information is required please contact Heather Stoney on hjstoney48@gmail.com.

The Federation Rock Choir Dates



The choir will be performing on the following dates, come along and hear them you may be inspired to join them.

- Saturday November 23rd at Ripon Cathedral Christmas fair, their performance is 2:40 pm - 3:10 pm
- Wednesday December 18th at Ripon Cathedral 2:00 pm, the Choir will be performing in the Federation Carol Service,
- Sunday December 1st at St Andrews Hall Skipton
- Saturday February 8th TBC at Burton Leonard Church

Update on Alma House your Federation Office



“Brrr” it’s cold outside, is no longer a big concern at Alma House. The new central heating has been installed! The new system is much more economical to run and also has the benefit of separate controls for the office and the meeting room, which means we do not have to warm rooms when not in use. Another big saving for the Federation.

If you are planning to come to a workshop or choir rehearsals, you no longer need come with thermals on, which has been the case since March.

Walking Netball



To keep you all updated on the progress of the Walking Netball initiative!

The Federation in conjunction with England Netball ran a very successful pilot scheme for 20 weeks which finished in August. This really did live up to its slogan “Have a wiggle with a giggle.” The ladies who came each week really embraced it- it was also very competitive!

The way forward is that we are very fortunate to have three ladies who are going on to the next level, they will attend a course run by England Netball in November. The courses are only held twice a year, which is why there is a delay.

Once they have completed the course they will be qualified to act as coaches for the federation. We are not allowed to have coaches run our groups without this qualification,

The three ladies all live in the South of our federation and are going to run sessions in Harrogate and Ripon, this is all done on a voluntary basis. The aim is that it will be a rolling project and at the end of the 20 sessions there will be other ladies willing to take it to the next level and open up groups in other areas of the federation.

Because we do have a very large rural area to cover, it is not going to happen speedily, but hopefully over the next few months we will hold sessions at more places.

The ladies who attended the pilot scheme certainly benefited from it both physically and mentally, you do not have to be a “super woman” to take part, but I guarantee that it is “Fun and Friendship “at its best.

Oh and most importantly, the opportunity for tea and cake at the end!



Something you want to try?

If there's a craft or other activity you'd like to try, please let the relevant committee chairman know and we'll do all we can to arrange a date.

Around the Federation

A Visit to the Emma Bridgewater Factory

by Sara Baldwin-Cole, Coverdale WI

On a sunny September day, 31 Emma Bridgewater fans made their way from all over North Yorkshire West on a pilgrimage to Stoke on Trent. There were Brown signs for Portmeirion and Spode, the traditional potteries as well as Emma Bridgewater the new girl (relatively speaking in Stoke years) on the block. The Emma Bridgewater factory tour was the order of the day and from the moment of arrival there were squeals of delight at the various iconic design details around the visitors' areas as well as some pretty fast purchases from the factory shops, before we'd even amassed at the tour assembly point!



Split into groups we were able to see what Emma Bridgewater and Matthew Rice (her husband) have done since 1985 to reignite some of the kilns of Stoke. As explained by our very experienced tour guides who had worked for EB in the factory as well as other names such as Johnson Bros and Wedgewood previously, Emma is a pretty popular person for not selling out and making her wares in China, which has affected Stoke heavily since the 1970s. Instead we met family members who have years of pottery skills and who enjoy working for such a lovely company making a very enjoyable product. The whole process from powder clay to slip to biscuit to hand decoration and glaze were seen and we

marvelled at the beautiful trolleys full of ceramic goodies.



There is a strong recycling and “using local” ethos to support business throughout the factory which employs several hundred people and makes several thousand pieces a day to ship worldwide. Every piece of ware has been touched by 30 people in its process.

Tour over we had a super lunch and much comment was made of the EB spotty AGA on display. Then the serious business of some of us fancying ourselves as designers decorating some pieces using the sponge technique and others wanting to enjoy some serious retail therapy in the lovely shops, (and enjoy more of the homemade cakes made in the kitchens on site.)

The departure of the bus to head up the M6 home was noticeable by its many additional rather pretty carrier bags full of potential gifts, ceramic treasures and just nice things created by a bit of a national treasure.



Have you attended an event?

If you have attended one of our Federation events and would like to share your experience, please email nywfnews@gmail.com. Please remember to include your name and your WI name so we can give you full credit! We love to receive photos of the event, so feel free to send these on too.

Re-using and Re-Cycling for our Resolutions

by Val Paxton, Ripon Centre WI

At their September meeting, members of Ripon Centre WI had a Produce/Home-made stall which raised approximately £20, but more importantly it raised the profile of home grown, homemade and recycling. Items on the stall ranged from a home baked granary loaf, to onions from a members' allotment to knitted items and greetings cards. One member made potpourri from geranium and rose petals, dried mint and lavender, re-using small jars. She also demonstrated how to recycle plastic

flower pots by cutting off the rims to use to hold back floppy plants, utilising the bases to put over the ground when sowing seeds, fewer seeds will be used as they only drop through the holes in the pot base and the rest of the pot she cut into strips to use as seed markers. Another member dried various flower seeds and made seed packets up, with pictures of the flowers on the front. There were also both indoor and outdoor plant cuttings. It proved to be a good exercise in showing how we as WI members can re-use and recycle and continue to follow through our resolutions.



Celebrations at Bilton WI

by Dianne Henderson, Bilton WI

On 17th July Bilton used their monthly meeting as a fundraiser for Breast Cancer Care prompted by an article in the WI Life.

Members were treated to a scrumptious afternoon tea duly prepared and served by the Committee. A luxury raffle was held and, together with donations, a total £114.10 was raised.

The evening also coincided with the 95th birthday of member Betty 'Kaz'. After a rendition of Happy Birthday and a round of applause, our President Hannah Boot

presented Betty with a bouquet. Betty was pleasantly surprised by all the attention given to her special day.

On 21st August, Bilton had another reason to celebrate. Dianne Henderson, in the absence of President Hannah Boot, presented a Long Service certificate to Joan Jackson. Joan first attended meetings in Burton Leonard with her Mum over 50 years ago. She was a member of Bishop Thornton and Shaw Mills before moving to join Bilton.



Looking back on 2019...



Allerton Waste Plant Visit



Walking Netball



History Wardrobe



International Day



Spring Council



NFWI Annual Meeting



Great Yorkshire Show



Federation Rock Choir

Looking forward to 2020...

Events & Trips:

International Day

Spring Council – 28th March 2020 at The Majestic Hotel, Harrogate

Talk by Nick Bailey. Nick is a garden designer, best-selling author, columnist and presenter on BBC Two's Gardeners' World.

Food & Flowers 2020

Make the most of your WI:

Resolution Meeting - Spring 2020

New Members Evening

Speakers Snippets



Workshops:

Felted Jack The Rabbit

Garden Willow Obelisk /Plant Climber

Anodised Aluminium Jewellery

Stained Glass Fox Or Hare

Christmas Stained Glass



Notices

Banner Project

For Institutes formed since 2000

For those Institutes who are preparing their individual samplers will you please forward the completed project to Alma House before 21st November 2019.

This will allow sufficient time for the Banner to be completed in readiness for next years Spring Council meeting in March 2020.

Norah Worth Competition

This is to make a filled cushion no bigger than 50cm or 20inches square, in any medium.

It should be returned to Alma House before 22nd February.



200 Club Results

Congratulations to the following, who have won this month's prizes:

£100 - Gail Teasdale, Farnley Estate

£ 50 - Knox WI

£ 25 - Val Gladman

Sadly, Val passed away earlier this year.

Val's WI have agreed to donate her prize money to the Federation Memorial Fund.

Nov/Dec Recipe of the Month: Christmas Frangipane Tart

When you can't face another slice of sticky Christmas pudding, this is the perfect recipe to turn to.

For this, you will need a 24cm loose bottomed flan tin.

Ingredients

Pastry:

200g plain flour
1 tbsp icing sugar
125g chilled butter cubed
1 medium egg yolk
1/2 tbsp cold water

For the filling:

200g Christmas mincemeat
175g butter, softened
175g caster sugar
3 medium eggs
175g ground almonds
1 tsp almond extract
1 tsp vanilla extract
30g chopped walnuts

Method

Oven 180°C/Gas 4

1. Make the pastry. Put all the flour, icing sugar and butter into the food processor, blend until mix looks like breadcrumb.
2. Add the egg yolk and water, mix. Blend to form a ball. Add more water if too dry.
3. Wrap ball in cling film, chill in fridge approx. 30 mins.
4. Roll out and line the tart tin.
5. Using nonstick paper and baking beans, line the tin, ensure the beans fill the tin to the top, bake blind for 15mins. Remove beans, return to oven for approximately 10mins, until baked.
6. Leave to cool.
7. Beat together the softened butter and caster sugar until fluffy. Add the eggs, one at a time, if it looks to separate add some ground almonds. Stir in almond and vanilla extract. Then stir in the remaining almonds.
8. Spread the mincemeat over the bottom of the pastry case, pour over the almond mix, spread evenly, sprinkle with chopped walnuts.
9. Bake for 35 to 40 mins until golden, ensure centre is firm and baked. The top can be sprinkled with caster or sieved icing sugar, if wished.
10. Allow to cool slightly, eat warm or cold.



Enjoy!

Puzzle

There are 14 words hidden in the wordsearch below, all relating to the festive season. Can you find them all? No prizes—it's just for fun!

K S N P G E F R V G W G H D C
C T P V T C X I J R J M O Z Z
L A P P X I D K E C I V R E S
N I R K I H U A H T J Q V B V
H N A O C M T R V A N E K E S
X E V S L H I L F N W W X T S
C D C C S S W N R L N I H W R
T G N I T A R O C E D L H C Q
P L V M T V W Z S E L D N A C
J A A E W S Y P H L P K H R Z
P S R E W O L F D M F I R E Z
A S H E X I L O G I A U E U A
F P L D R V O E S Y O O A S H
A W I H P F H T A C O Z K B S
N W Y Q M D P N P S R D H I X



CANDLES

DECORATING

FRUIT

SERVICE

WASSAIL

CAROLS

FLOWERS

HOLLY

SOLSTICE

WREATHS

CHRISTMAS

FOOD

MINCEPIES

STAINEDGLASS

*To all North Yorkshire West
Federation from the Board of Trustees, have a
very **Merry Christmas** and a **Happy New Year!**
We look forward to what 2020 has to offer.*

*John Jean Pauline **
hiz Heather Michelle Sue
judith Jackie
Kim Marcia Margaret
Anne*



Christmas Opening Hours



The office at Alma House will be open as usual until
Thursday 19th December.

It will be closed from 3pm on Friday 20th December until
9:30am on Thursday 2nd January.

Normal office hours will resume from Monday 6th
January.