



2021-2022 Programme

8th December 2021

Bags, boxes, and truffles!!

Since this is our last meeting before Christmas, we are having a bit of a social as well! So, bring some Christmas cheer as well as your favourite Christmas nibbles/snacks.

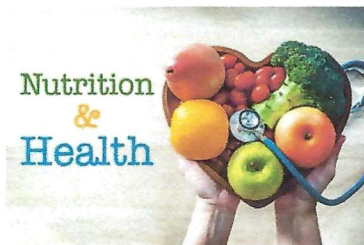


12th January 2022

Meditation circle

We are welcoming in the New Year with a visit with Sam, who is a qualified Reiki practitioner from Northern Light Reiki and retreats.

9th February 2022



They say we are what we eat!

Therefore, we have asked a nutritionist to come and explain all about Nutrition and the benefits. She will be focusing on the gut, our second brain, and its importance to our health.

9th March 2022

March is our annual AGM. Plus, we may not have Paul or Prue, but we can still have our own Mad Hatters WI bake off!!

MORE DETAILS TO FOLLOW!!

13th April 2022

Wine and Food tasting

With our local wine expert, Mark Ryan from PM Wines, with help from Maggie!!!!

