



North Yorkshire West Federation News



OCTOBER 2023

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CHRISTMAS FOOD AND FLOWERS



**At Darley Memorial Hall, Thursday 23rd November 2023
10.00 am coffee, 10.30 am—3.30 pm Cost £32.50**

Including lunch, cookery demonstration by Kimberley Brereton and flower arranging demonstration by Vanessa Wellock. Closing date 3rd November

North Yorkshire West Federation of WIs Federation Carol Service



Thursday 7th December 2023 at Holy Trinity Church, Skipton, BD23 1NJ

2.00pm – 4.00pm £2.50 per adult / children free(to include refreshments)

Closing date 24th November

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**Office Open:
Tuesday 9.00am-12.30pm, 1.00pm-4.00pm
Thursday & Friday 9.30am-12.30pm, 1.00pm-4.00pm.**

The office will be closed on Monday and Wednesday
Find us on Facebook
NYWFWI Charity Reg. No. 513934

Chairman's Report for October Newsletter

By Heather Stoney, hjstoney48@gmail.com



What a contrast of weathers we have had in September, I was lucky earlier in the month, we went to the North of Scotland and the weather was amazing, clear blue skies, did not require a coat all week, today we are in the midst of a hurricane and pouring rain, hoping that it improves before Nidderdale Show at the weekend.

These shows are so important to the rural communities in so many ways. Nidderdale Show is the last of the season and makes us think of the coming winter months.

I am sure your own WI has got programmes that are going to entice you out on those gloomy afternoons and evenings.

The Federation has got events to look forward to including Food & Flowers on Thursday 23rd November, a true highlight of the end of the year.

The Federation Carol Service is going to be at Skipton Holy Trinity Church this year, I look forward to seeing many of you there.

At this point I must say a big thank you to all of you who have taken the time to respond to my recent letter to members stating the situation that the Federation is in.

We do appreciate the offers of help that we have had up to now, but it has thrown up some major problems with the MCS I am asking you all but especially Presidents and MCS Reps to read the Document that Helen and I have produced.

For the Attention of the President and MCS Reps **Information Regarding the MCS – Membership Communication System**

While the Federation Secretary and I were processing all these letters and subsequent responses from WIs we came across vast numbers of errors with entries on the MCS.

The MCS stands for Membership Communication System. This is the tool that both Federation and National use for contacting all our members. If it is not kept up to date it causes us immense problems. Here are a few of the errors that we came across:

Of the emails that we sent out to individual email addresses, over 90 bounced back at us as being incorrect. The Federation Secretary subsequently had to spend time contacting the President of those members to ask for up to date emails. Some of the errors were very simple ones in that there were spelling mistakes or too many full stops, insufficient full stops etc, just basic. Please can you ensure if you do change your email address, you must notify your MCS representative to change it on the system.

We had to print out 371 letters which we included in your monthly mailing in September because we had no emails listed on the MCS, only to be contacted by an President of one of the WIs stating that members did in fact have email addresses. This did cause a problem in the office because it increased our paper usage and postage. I am aware some WIs are trying to rectify this issue.

Information Regarding Membership Communication System continued

The information on the MCS is where the Federation Secretary obtains information for WIs who receive certificates at Spring Council.

At Federation level we do not give out any personal details to any other WIs but what we do require is for the MCS to be kept up to date. If you are notified of a change by a member, the office does need to be told, because our system is not automatically updated with your changes. Please when you enter information on the MCS we require the following:

1. Full details of first names.
2. Telephone numbers, either landline or mobile.
3. Correct email addresses.
4. Correct and up to date home addresses.
5. Date the member joined their WI.
6. The box for subscriptions needs to be ticked so that we know if all members have paid.
7. After your Annual Meeting, the Federation office requires notification of these changes by email from the MCS Rep. This allows the Federation Secretary to update her mailing list, otherwise they are sent to the outgoing officer.
8. Your email address is your login for My WI and the MCS.

For your convenience we have provided you with a printed list of all your members. This shows any columns that you haven't got information in that is required so that you can go through it and make any corrections on the MCS.

Thank you in anticipation of all your help towards correcting these anomalies.

Heather Stoney

Federation Chairman.

On w/c Tuesday October 3rd the office will be closed due to annual leave but it will be open on Tuesday & Friday morning 9.30 am—12.30 pm. Out of these hours messages can be left on the telephone or by email.

200 Club Results

Congratulations to the following,
who have won these prizes in October:

1st—37 Pat Todd, Castle Belles WI

2nd—2—Three B's WI

3rd—233—Carol Skinner, Scriven WI

Activities Committee Update

By Julie Clarke j-a-clarke@hotmail.co.uk



Thankyou those of you who have already booked to come to various workshops, there are still vacancies on the Returners Watercolours with Gail, so if you're planning on coming please ring Helen in the Office to book your place. Also there are plenty of places available on Sheila's Wacky Christmas Wreaths at Alma House.

Looking towards 2024 – we have Anne Starkey coming on the 5th March to Alma House for one of her very popular Patchwork workshops. Also do you remember the very popular “Ladies Fashion Show and pop up shop” – we had in 2022 at Bolton Abbey – well they are coming again on Friday 26th April 2024 this time to Kettleasing Village Hall. Full details and booking form in the Nov/Dec mailing.

I'm still planning other events but as yet I need final confirmation.

I was delighted as a result of Heather's request for interested members to come and experience what we do, they all will be invited to join our next meeting at Alma House on Tuesday 17th October at 10.30am.

I have nothing further to report on 2024 events but can I just say if you are planning on coming to our annual Food & Flowers day at Darley it promises to be an excellent day. Please get booked at your October meeting.

Finally as a result of the details of the Norah Worth Competition mentioned last month, a query has arisen so just to clarify – the entry does not have to be knitted other techniques can be used so long as the 100g ball of double knitting wool is used in the entry for you to create what ever you choose and design, and if you wish to incorporate other items as well as the wool, this is entirely your choice.

Enjoy your October WI activities. **Julie**

Report on the Autumn Bounty Cookery Demonstration with Julie Clarke on 6th September by Cherril Wilks of Aspin Park WI.

On the 6th September myself and my friend Anita went to Alma House for Julie Clarke's Cookery Demonstration. It was very well attended. Julie cooked five mouth watering dishes which were raffled at the end of the afternoon. I was lucky and won half the cheese cake which was delicious. We had a cup of tea with a large slice of melt in the mouth coffee cake baked by Wendy Jakeman. Everyone had an enjoyable afternoon, here's to the next one!



Autumn Bounty
Members enjoyed a demonstration from Julie Clarke and Tea and Cake refreshments



Blueberry and Lemon Cheesecake



Herby Pork and Pear Crumble

Autumn Bounty
5 Recipes in 2 hours



Red Cabbage, Orange and Date Salad



Meringue Roulade



Roasted Vegetable Plait

Membership Support Team Report—Sue Earl Armstrong

sueearlarmwiadviser@gmail.com



Thank you for posting your events on Facebook and via our own Federation newsletter it is so good to see you all having a great time with your WI friends. As it is coming to that time of year when you are holding your Annual meetings, why not invite your adviser to come along, we are always happy to help, just contact the office and they will give the details of your nearest adviser or helper. **Give yourselves check lists:**

Firstly, get your accounts audited by an Independent Financial Examiner conversant with Charity law; these can be brought to your team/committee meeting prior to your Annual meeting for signing by the President and Treasurer

Secretary and Presidents reports.

Any potential new members to your team/committee can be brought onto the team at the Annual Meeting, also any bylaws you may feel you wish to implement - they can be changed the following year if necessary.

This year, to assist you we will be sending a copy of the Annual Report in the mailing because some WIs have mentioned since we stopped sending them direct they have forgotten to complete them.

Federation is hosting quite a few events this autumn, a great opportunity to get your ladies together and you will meet up with other WIs and have a great time together.

If you have anything you would like membership to cover please let us know, we are looking to do MCS, Presidents and Secretaries sessions in the new year, and I hear you would like speakers snippets back - if you have had a good speaker please let the office know and we can then get them on our website. Thank you for your time. **Sue and the team**

Public Affairs – Janet Kazlauciunas—janet.kazlauciunas@gmail.com



Well, what a strange summer we have had. If anybody needed any convincing that we have a real problem with Climate Change then look no further than our own weather. The week of river action from 11-18th September has been and gone, did any of you or your Wis take any action? Please do let me know.

Do you really need to buy any more seasonal clothes? The fashion industry is one of the major polluters affecting climate change in many different ways. If you really don't have anything to wear, check out the charity shops where you may find some amazing bargains of very good items that just might fit the bill. You will then be doing your bit for climate change and reducing the pollution caused by making new items. Have you checked your wardrobe recently how many items have you not worn or worn only once? Think about helping the environment and check before you buy. Ask yourself, do I really need these new clothes? See the latest article in WI Life this month for further information.

Public Affairs Report continued

I know you all do your bit with kerbside recycling and participate in the recycling of medicine blister packs. These can still be recycled at larger Superdrug stores but only in smaller quantities. As is always the case, funding is a major issue in recycling, hence smaller boxes at Superdrug. We need to utilise these outlets. Give a thought to recycling the soft plastics covering a large amount of our food stuffs. Marks & Spencer usually label clearly what can be recycled at their larger stores, check also Morrisons and the Coop who also have recycling points where these items can be recycled. Aldi have now joined in and have small boxes at the entrance to stores.

Thank you to those who attended the International Day my team organised. We now know so much more about the issues they have had to contend with over the past 2 years. What a wonderful day of knowledge, friendship and more was shared. My team are starting to put together a program of events for 2024. Watch this space for details of another Climate Change Workshop to be held in March.

If you are holding any events locally please do let me know as I am happy to advertise them for you.

Janet

NYFWFI International Day: Ukraine held on 16th September

North Yorkshire Federation of Women's Institutes runs an annual International Day and this year it was decided we should find out more about Ukraine. After contacting the Bradford branch of the Association of Ukrainian Women in Great Britain, our contact Maria Fedyszyn organised a group to come to Darley and provide an amazing day of information-giving and activities.

While the Bradford Team set up, the members worked on a quiz *What do you already know about Ukraine?* and some were quite surprised at their own knowledge, but looked forward to finding out more.

The day started with Hanna Lee, dressed in the national costume and bearing a loaf of bread and salt, which is the traditional way of welcome. She compered the day, introducing first two mothers who gave moving descriptions of how they left home, bringing their children to start a new life in Bradford. Iryna Terlecky, the president of the national AUW, gave an interesting history of the organisation and support for Ukrainian exiles and their descendants who have settled all over Britain. Iryna presented Judith Stansfield with a book, *Revival in Exile III*, which is packed with photographs and stories and will be available for all to see when she has finished reading it!

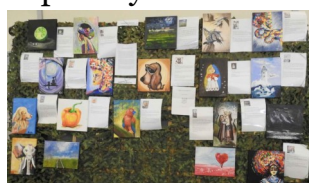
The traditional cuisine is largely 'comfort food' and the guests not only provided tempting photographs of their main dishes, but also indicated the sweetmeats that were to be sampled later. One of the many activities Hanna is involved with is a dance troupe who provided a delightful and energetic performance of two dances. This was followed by two haunting songs by the Ladies Choir.

Report on International Day continued

After a delicious lunch there was an exhibition and workshops, including stunning decorated eggs, embroidery, painting on glass, painting cards, making a string goat and the opportunity to see and purchase paintings by recuperating soldiers.

At the end of the day there was laughter and new friendships and everyone had a much better grasp of what a wonderful country Ukraine is and the hope that their present conflict will be resolved as soon as possible.

Report by Judith Stansfield of Melsonby WI



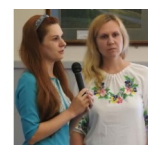
Presenters on History, Customs & Festivals and Food – all in traditional Vyshyvanka



Traditional Welcome with Bread and Salt



History of Ukrainian Women in UK



Displaced by War



War Art Therapy – carefully listened to by members



Choir showing different regional variations on Vyshyvanka (blouses)



Dance Presentation

This recipe was requested by members who attended International Day **Chicken, Tomato and Red Pepper Casserole**

Serves 4, Oven 180° /160° Fan/Gas Mark 4

Ingredients

4 chicken thighs, skinned and boned, 55g (2oz) butter, 2 medium onions, finely chopped, 1 red pepper, de-seeded and cut into strips, chicken granules or conflour, 10ml (2 tsp) made English mustard, 5ml (1tsp) Worcester Sauce, 55g (2 oz) soft brown sugar.

Method

1. Heat the butter in a pan, seal and brown the chicken, remove from pan and put into casserole dish.
2. Fry off onions and pepper, place on top of the chicken.
3. Combine all other ingredients and pour over the chicken—cover
4. Cook for about 1 hour until the chicken is cooked, take off cover, return to oven to allow the sauce to thicken.
5. Alternatively remove the sauce and thicken with either chicken granules or conflour, adjust seasoning.
6. Pour over chicken and serve with boiled rice, or potatoes and green vegetables.

KEY

£	Extra cost for kit	✂	Equipment required	🍴	Food included
👤	Interactive workshop	☕	Tea & biscuits included	🍷	Wine/punch provided



Events

OCTOBER

Tuesday 24th— Beginners Watercolours with Gail, 9.30am-3.30pm at Alma House, cost £12 plus £5 for materials. Ring the office to book a place.



Thursday 26th— Returners Watercolours with Gail, 9.30am-3.30pm at Alma House, cost £12 plus £5 for materials. Ring the office to book a place.

NOVEMBER

Tuesday 7th—Wacky Christmas Wreaths with Sheila Carr at Alma House, 10.00am -3.00pm, cost £12 plus £5 per wreath. Closing date 20th October.



Thursday 9th —Wacky Christmas Wreaths with Sheila Carr at Hellifield Institute, 10.00am-3.00pm, cost £15 plus £5 per wreath. Closing date 20th October.

Thursday 23rd—Christmas Food and Flowers at Darley Memorial Hall from 10.00 am-3.30pm, Cost £32.50—flowers and cookery demonstration.



Closing date 3rd November.

DECEMBER

Thursday 7th—Federation Carol Service at Holy Trinity Church, Skipton from 2.00—4.00pm. £2.50 per adult, children free. Booking start date 1st October, closing date 24th November.



AROUND THE WIS

Hampsthwaite WI

In August we celebrated the 75th anniversary of our WI. Long standing member Pauline Robson was asked to cut our celebratory cake prior to us indulging in afternoon tea which was a very special occasion. Jill Beaumont.



Skelton on Ure WI

On 30th August 12 members and two guests paid a visit to Newby Hall and gardens. After a nice walk round the gardens we met at the Hall and were welcomed by Stewart Gill, the Commercial Director.

He then introduced our guide Diana, she gave us the history of the hall to the present day. Everyone enjoyed the day. Ruby Booker, President, Skelton on Ure WI.



Around the WIs continued

Sharow and District WI

At our September meeting we welcomed Sue Dodds as our speaker who gave a super talk on 'The Joy of Plants'. Sue told us how plants, and flowers in particular, had been an important part of her life from her early childhood years of making daisy chains and collecting rose petals for perfume; through important family events and training for her careers in teaching, floristry and latterly in counselling, mind and body wellbeing, working with aromatherapy and the use of flowers in making essential oils. The whole evening focused on positivity and concluded with us all being asked to choose a coloured ribbon; explanation of our choices was given (what the colours represented and meant for us); and then we tied them on an appreciation tree as we thought about what we are most appreciative of. The accompanying photo shows Sue with Edna our longest serving member of 57 years—Denise Roberts, President.



Killinghall WI, Ripley Show, Nidd Valley Group WI

The annual Ripley Show is pencilled in the calendars of the WI's who belong to the Nidd Valley Group (NVG) including Killinghall WI. This annual country fair is as unique as the setting in the grounds of Ripley Castle, just outside Harrogate.

This year we came together with 3 other WIs of the NVG to enjoy a day of competition and friendly rivalry, putting our crafting and baking skills to the test. There is also a 'display' category and this year it was Film. Three WIs entered with displays of Paddington, Around the World in 80 Days, and Calendar Girls. As well as being professionally judged, the public get involved and can vote for their favourite display. This year in the tent we also had the company of Lucy from one of our neighbouring Institutes demonstrating spinning (the wool variety, not the bike!) and felting, with another member demonstrating cake decorating skills. A good day was enjoyed by us all.

Anita McCarthy, Killinghall WI.



Kirkby Malzeard WI Fashion Show

Our Sept meeting was an 'Open Evening' when we invited all Skelldale WI's plus Kirby Hill (our link WI) to join us, together with non WI ladies who came along from KM and Ripon. Julie from Puzzle Boutique, Leyburn brought some very stylish outfits and accessories which 5 of our members modelled superbly. Refreshments were served and items were on sale. A most enjoyable evening.

Pat Weatherer, Kirkby Malzeard WI



Watercolours With Gail—Beginners and Returners

It's time again for the popular Watercolour Workshops with Gail Evans, book your places now!

Beginners Watercolour Workshop—Tuesday 24th October—9.30 am—3.30 pm, maximum 12 people, cost £12 plus £5 materials. **Please bring a packed lunch.**

Returners Watercolour Workshop—Thursday 26th October 9.30 am—3.30 pm, maximum 12 people, cost £12 plus £5 materials. **Please bring a packed lunch.**

Ring the office to book a place.



WACKY CHRISTMAS WREATHS WITH SHEILA CARR

Come and choose between two festive wreaths, or make both! Easy alternative wreaths made from paper or felt. Sew or glue, the choice is yours. Lots of fabric and papers to choose from. All materials supplied by tutor, £5 per wreath. **Please bring a packed lunch.**

7th November at Alma House, Cost £12, 10.00 am to 3.00 pm.

9th November at Hellifield Institute, Cost £15, 10.00 am to 3.00 pm.

Closing date for both workshops is 20th October.

