



North Yorkshire West Federation News

theWI
INSPIRING WOMEN

MAY 2022

Afternoon Tea at Alma House

Thursday 30th June 2022

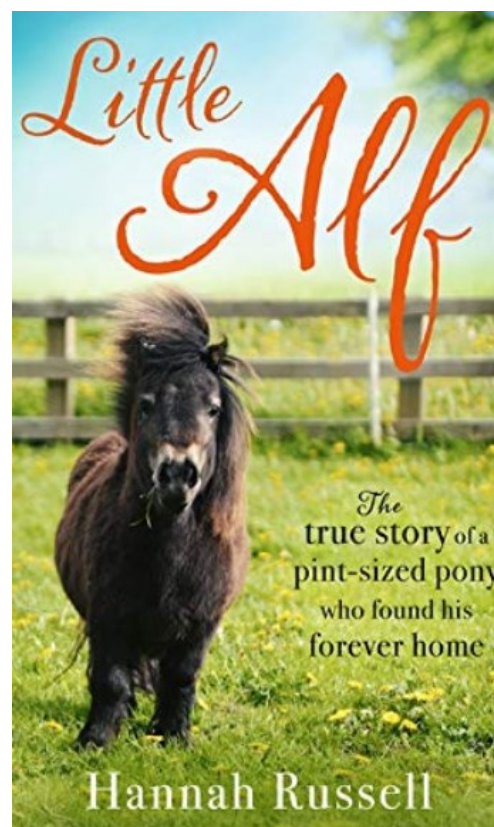
You are invited to meet up with old and new friends for a chat over a cup of tea and scones and to hear **Hannah Russell**, the young and charismatic author of books about her dwarf Shetland pony, Little Alf.

2.00 – 4.00pm

£15.00

Start Date: 1st May 2022 – Closing Date: 6th June 2022

Confirmation will be issued by email on 8th June 2022.



INTERNATIONAL DAY—NEPAL

Sincere apologies from the Gurkhas to those of you who attended, for their non-presence, but they made a mistake with the date - they arrived on Sunday April 24th and this was completely their error .

However all was not lost as Keith and Carol Townson turned up early and gave their afternoon talk in the morning and three valiant members stepped up from the audience with their own experiences, saving the day and Eric and Samantha Walton thrilled us with their Everest Trek, as planned.

Grateful thanks to : Pauline Kilburn from Martin cum Grafton, Clare Ray from Stray Ladies and Carol Sykes of Fearby & Healey WI offered to give us a ten minute sit down Yoga session (for details see p.5)

Alma House
Low St Agnesgate
Ripon
HG4 1NG
01765 606339
nywfw@btconnect.com

www.thewi.org.uk/northyorkshirewest

Office Open:

Tuesday and Thursday 9.30am
–12.30pm and 1.00-3.00pm
Friday 10.00-1.00pm
Find us on Facebook and

Contents

Afternoon Tea.....	1
Chairman's Update.....	2
200 Club Results.....	5
Committee Reports.....	3
At a Glance	2
Spring Council	5
Events.....	6
International Day	5
Round the WIs.....	7
Gt Yorks Show	8
Japanese Gardens.....	8

Chairman's Update

by Heather Stoney hjstoney48@gmail.com



I do hope that you had a very Happy and Blessed Easter. Now we are looking forward to what used to be Whitsuntide, now known as Spring Bank holiday. But this year it is an extra special bank holiday we are celebrating the Queens Platinum Jubilee. Are your WIs or villages going to join in celebrations? If so please send us some photographs for the newsletter. It is so lovely to see what you are all doing. Not long after that it is the Annual Meeting at Liverpool, I must express my thanks to all the members who are going to be delegates, and vote on all your behalf's.

I do hope that all of you who attended Spring Council enjoyed it? Yes, we had to have the business aspect, but the speakers were brilliant. It was such a pleasure to hear such joy and laughter in the room; it has certainly been missing for the last two years. We were very privileged to have Ann Jones, our National Chair. She is certainly a lady of the people; we are secure in her care.

As for Dulcie Lewis, she enjoyed being amongst us as much as we did having her entertain us. The sound of belly laughter rumbled round the room, what a talented author she is.

The Board of Trustees held the election of Officers for

2022. This is always a secret ballot which can be done by Zoom, which enables trustees who have illness or Covid take part. I am very honoured to have been voted as Federation Chairman for another year.

The results for 2022 are as follows:

Federation Chairman: Heather Stoney

Vice -Chairman: Julie Clarke

Federation Treasurer: Hazel Smyth

Vice Treasurer: Pam Myers

Chairs of committees:

Chair of Activities: Julie Clarke

Chair of Membership Support: Sue Earle-Armstrong

Chair of Public Affairs Judith Stansfield

We are always looking for new blood to join the committees, it is how we move forward members joining us with fresh ideas.

I hope you all enjoy the next month in sunshine, fun and friendship.

Best wishes Heather

May		
Friday 13 th	Shibden Hall	All day FULL DAY CHANGED
Friday 20 th POSTPONED	Intro to Japanese Gardens	2.00pm—4.00pm
June		
Saturday 11 th June	Annual Meeting Liverpool	All day Zoom available
Tuesday 14 th June	Fitness Sessions with Emma	10.30am -1.00pm or 12.30—3.00pm
Tuesday 21 st	Treasurers' Zoom meeting	7.00— 9.30pm
Thursday 23 rd	Leaded stained glass workshop	10.00am —3.30pm
Thursday 30 th	Cream Tea	2.00 -4.00pm
July		
12 th -15 th	Great Yorkshire Show	Why not come and be part of this major event, see more details on the back page.
Thursday 21 st	Silks and Roses	2.00-4.00pm

Activities Committee *by Julie Clarke* j-a-clarke@hotmail.co.uk

The Gentleman Jack programme on BBC1 has certainly created great interest - 65 members have signed up to go to Shibden Hall & Piece Hall. Let's hope the weather is kind and the day fulfils all expectations..

Sadly we've had to postpone our proposed Japanese Gardens afternoon, as Dr. Andy Bolton has given apologies, due to family commitments, but hopes it can be rearranged later in the year.

Since our last news letter we have arranged a Croquet evening at Studley Royal Cricket Ground on the 11th August. Gail Evans one of our very talented members has agreed to run a workshop - Enjoy the Magic of Watercolours on the 22nd September at Alma House. Lastly we've decided to offer another Dabble Day based on a Christmas theme on the 8th December at Masham Town Hall. At Spring Council we receive 12 suggestions for dabbles so at our next Activities meeting we should be able to select 4 from the list which hopefully will encourage you to come and - Have a Go. Finally I want to remind you about the Fashion Show on the 21st October at Bolton Abbey, bookings are coming in, please remember we need 75 booked by the 1st July to avoid cancellation. When it was announced at my April WI meeting there was great interest so at the May meeting we've agreed to get booked up to avoid disappointment, so please if this is something you want to attend don't hesitate - the booking form is with your secretary.

If there is an event or workshop you would like us to consider, please don't hesitate to email me and at our next meeting we'll see what can be arranged - don't forget - The WI is here for you to do what you want.



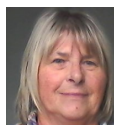
Membership support team

sueearlarmwiadviser@gmail.com

Good morning to you all! Hasn't the weather been kind to us - makes life so much better?

We had a really good Presidents' and Secretaries' workshop in Alma House at the end of March. All that attended felt it was a really good chance to learn from other WIs how they do things and what works best for them. The team were there to guide them with their ideas. Our next workshop is at Hellifield and all the WIs in that area have been invited to attend this meeting on Thursday 26th May. Our next event on the calendar is Treasurers' workshop on the 21st of June. This is via zoom to let everyone of our Treasurers or seconders in our Federation have the opportunity to see what can be done to help with your role as you are the main lynch pin of your WI. Then on the 30th June we are holding a Cream Tea at Alma House - another chance to catch up with other WIs' members, hopefully in the sun with Hannah Russell as our speaker.

As I always say nothing is too small to get in touch about. We would rather just have a chat and put your mind at rest than for you to struggle. Our advisers are here to help - just let us know, either by my email above or via the office. Thanks **Sue**



The Climate Emergency

This is the greatest emergency any of us will have seen in our lifetimes. It was interesting and reassuring to see so much in the latest WI Life on the subject. It is good to know there are many members taking this issue seriously.

We in the North Yorkshire West Federation are short of Climate Ambassadors. Why not join us even if only to show your support at this most critical time. See MYWI for details of how to add your name to the list and receive updates on any campaigns

This decade is our last chance to prevent catastrophic Climate Change. We all need to take action and reduce our personal Carbon Footprint.



In 10 years time, when asked by a child "What did you do?", what will you say?

Viv White
Climate Ambassador

Have you thought about joining the **WI's Climate Ambassador scheme?**

Do you feel passionately about protecting the climate? Join our amazing network of WI members who make a real difference by raising the issue of climate change to their MPs and wider community. In 2016 the NFWI decided to recruit WI Climate Ambassadors. We now have over 200 Climate Ambassadors registered across the country, who use their passion to talk about the impacts of climate change and what people can do to help.

The Climate Ambassador role depends entirely on your availability and is not a formal role. Some Ambassadors craft green hearts for Show The Love, while others focus on holding climate change awareness meetings with their MPs and wider community.

We would expect you to share messaging from the NFWI with your community and federation and take part in activities that the WI is involved with, for example Show the Love during February. We would also encourage Climate Ambassadors to support other WIs to get involved, this could include giving talks to WIs or encouraging them to take part in our activities. How will the NFWI support me? Once registered as an Ambassador the NFWI will send out regular updates to keep you informed via email. We are also on hand to provide you with support and advice on how to engage your MP and engage your WIs on this issue. We have lots of resources available which are tailor made for Climate Ambassadors to use. They include a 'How to Communicate Climate Change' guide, a PowerPoint presentation that can be used at meetings and top craft instructions including 'How to knit a climate scarf'. For more details and form to sign up go to:

<https://mywi.thewi.org.uk/public-affairs-and-campaigns/news-and-actions/become-a-wi-climate-ambassador>

Report on the NW Federation of WIs: Spring Council Meeting, Harrogate: Wednesday April 6th 2022

(Charlotte Roberts, Coverdale WI)

This year the meeting was held at the imposing Double Tree by Hilton Harrogate Majestic Hotel and Spa. Following a rendition of Jerusalem, Chairman Heather Stoney welcomed an impressive turnout of members. Following business matters, Heather reminded us that while the challenges of the pandemic continue, the WI is managing to adapt its activities where it can (e.g. zoom meetings). The future is looking much brighter as we move into Spring, and more of us have improved our technological know-how!



We were then honoured to welcome Ann Jones for our morning entertainment (our first fluent Welsh speaking NFWI Chair). From a farming family in Wales, Ann and her husband run a beef and sheep farm in Wales, but her real passion is floristry. She regaled us with great stories from the farm, her enthusiasm for eco-friendly everything, and WI issues.



Our afternoon (hilarious) speaker, author Dulcie Lewis, was then introduced. She selected excerpts from her many books. From "Not just Yorkshire pudding: the story of Yorkshire's food and drink". I particularly noted that gin, tonic and lemon are excellent for health: juniper berry extract in gin cures a host of illnesses; quinine in tonic is an anti-malarial; and lemon counts as one of your 5-a-day. I will keep drinking G and T!



Our meeting ended with the National Anthem and good wishes from our Chair for safe journeys home, with a reminder that the next Spring Council meeting is on April 22nd 2023, and the Autumn Council Meeting is on October 12th at the Gamekeeper's Inn, Long Ashes Park, Near Grassington.

The members are queuing to collect their certificates for long service and WIs celebrating 50 years up to 100 years birthdays.





Beading Workshop

I loved the beading workshop! It was a new skill for me and my first time going to an event at Alma House. Everyone was really friendly and welcoming, and it was really nice to learn a new craft. We made bracelets and a pendant, covering a few different techniques and materials, and it was great to take these home to show off! Being able to lose yourself in doing something creative can be such a lovely experience, especially at the moment. I'm already looking to get some materials to continue beading and I look forward to signing up to another Federation event. A special thanks to Pat for all her guidance and help!

Sophie Carruthers

INTERNATIONAL DAY—NEPAL

We are very grateful to those wonderful WI ladies that saved the day on Saturday and stood in when the Gurkhas didn't turn up.

Pauline Kilburn from Martin cum Grafton who had already lent us some photographs of her experience in Nepal and then very kindly offered to do a short talk on her experiences and how she ended up going to Nepal. This was excellent and she had some lovely albums which she shared.

Following on from Pauline Clare Ray from Stray Ladies came and said would we be interested in her singing vessels which she had bought along as she had also visited Nepal some time ago, and of, course, we bit her hand

off. This was something quite different and I am sure everyone enjoyed her demonstration and it really gave us a feeling of actually being in Nepal. She finished off by singing two Nepalese songs and what a lovely voice she had.

You would think that our WI ladies had really done us proud and that we had exhausted their expertise but NO out of blue Carol Sykes of Fearby & Healey WI offered to give us a ten minute sit down Yoga session and what fun that was. She had everyone involved and was just what was needed before the afternoon speaker. I hadn't realised how connected yoga was to Nepal.



Armchair Yoga

200 Club Results

Congratulations to the following,
who have won these prizes:

£100 - (179) K.Abell Embsay with Eastby

£50 - (40) Aiskew WI

£25 - (227) R.Verity Upper Nidderdale

Thank you so much girls - without you the day would have been a 50% disaster but with your help, we partly saved the day.

A few ladies from Nidderdale have kindly offered to do a more informative piece about the day, that will go in next month's Fed News, alongside some photos which will be very good reading I am sure. I look forward to receiving this. Kind regards, Liz Whapples

Events



MAY



Shibden Hall

Fri 13th May £25.00 - All day visit to the home of Gentleman Jack in TV programme and the Piece Hall, Halifax -Sole survivor of 18th century Northern Cloth Hall **FULL DAY CHANGED**



Bookings close 18th April

Introduction to Japanese Gardening

Fri, 20th May 2.00 – 4.00pm -Bishop Monkton £17.50
Join Dr. Andy Bolton to hear all there is to know about these gardens



Includes an afternoon tea.

Bookings close 29th April

JUNE

Fitness Sessions with Emma

Tue 14th June 10.30-1.00pm or 12.30– 3.00pm Alma House £15.00
After her successful Zoom sessions and talk at Autumn Lunch, Emma will be providing practical sessions at Alma House for Beginners or Intermediate participants.
Full details on booking form. Includes light lunch



Bookings close 31st May

Treasurer's Meeting

21st June 7.00pm to 9.30pm on Zoom This session is FREE. An opportunity for treasurers to sort out issues.

Closing date: 30th May

Leaded stained glass workshop

Thur. 23rd June 9.30-4.00pm Alma House £35.00 Materials extra
Rachel Hutton is providing a practical Leaded stained glass workshop



to pay on the day

Bookings close 6th June

Cream Tea

Thursday 30th June 2-4.00pm Alma House £15.00



You are invited to meet up with friends for a chat over a cup of tea and scones and to hear Hannah Russell, the young and charismatic author of books about her dwarf Shetland pony, Little Alf. Hannah also is passionate about animals welfare in general.

Bookings close 6th June

JULY

Great Yorkshire Show 12th-15th July Harrogate Showground

Why not come and be part of this major event, see more details on the back page.

Lucy Adlington presents - Silks & Roses

Thursday 21st July 2.00 pm – 4.00pm at Gargrave Village Hall £ 20.00



The ever popular History Wardrobe company returns with a new presentation and just for fun this time we're having a prize for- The Best Flowery Outfit!!
Afternoon tea included.

Bookings close 30th June.

Round the WIs

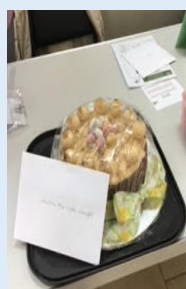
Ripon Centre WI



We had an Easter themed diy craft afternoon at our April meeting. One table made Easter cards, the other were shown how to make a daffodil from crepe paper by our President, Lesley. Then we swapped over, so we could all make a daffodil and a card. We also had "guess the weight of the simnel cake", at £1 a guess, Easter biscuits with our cup of tea and an Easter bonnet competition, which we made at home.



It was a lovely afternoon and a nice opportunity to chat while we created! **Val Paxton**



Try before you buy with the WI

Marton Cum Grafton WI were delighted to have been awarded the rose bowl trophy for the institute which shows the greatest proportional increase in the membership over the last year. As you can see by their faces Pauline Sneddon and Helen Barton accepted it with pleasure on behalf of all the members. **Helen Barton**



Early one evening at the start of April, six of us from two WIs met for one of the Federation's Nordic Walking taster sessions. Fortunately, the weather was not quite as nordic as the snow the previous week and the rain held off as well so we had lovely views across the Crimble Valley near the Yorkshire Showground. Our two instructors introduced themselves and the only equipment: a pair of poles each. Definitely not trekking poles and definitely used in pairs. After warming up and practising walking with swinging arms, we all managed to co-ordinate the same action with poles in our hands. The result was a fast, bouncy pace and a workout for not just the legs but the upper body too. Nordic walking was developed in Finland by cross-country skiers who wanted to practise when there was no snow on the ground. Clearly we weren't going to master the technique in under an hour despite the almost individual attention, but all three of us from Farnley Estate WI who went are thinking about booking another, longer session with our instructors. It was definitely a good way to find out whether the activity was for us. **Lesley Fidler**, Farnley Estate WI



Keep us in touch!

It is fun reading what other WIs are up to and how they are getting back to 'normal'. Please do send us your news to nywwinewsletter@gmail.com and we'll report here in brief, with more detail on the website.

Great Yorkshire



Show 2022

Tuesday 12 - Friday 15 July 2022

We'll be there again!

- * **Good food and drinks**
- * **Craft displays**
- * **Look out for competition entry forms**

We are looking for volunteers to keep the food and drink flowing

How can you help

- ⇒ Become a Catering Assistant or Exhibition Steward.
- ⇒ Booking form with your secretary or download from: - www.thewi.org.uk/northyorkshirewest in the Fed & Nat competition Section
- ⇒ In return you receive entry into the show plus refreshments.
- ⇒ You might like to enter the Exhibition Competition Section – Schedule with your Secretary, offering a wide variety of classes including Photography/ Art/ Floral Art/ Craft plus a Scarecrow depicting a fashion decade.

Lets make this year's show something to be proud of proving just what the WI can achieve

Introduction to Japanese Gardening

Fri, 20th May 2.00 – 4.00pm -Bishop Monkton £17,50

Join Dr. Andy Bolton to hear all there is to know

about these gardens

Includes an afternoon tea.



**Ladies Fashion Show
AND Pop-up Shop!**

SHOP YOUR FAVOURITE HIGH STREET BRANDS
AT 50% OFF OR MORE!

Colours.
(FUN) DRESSING
FASHION SHOWS

theWI
INSPIRING WOMEN

Friday 21st October 2022
**North Yorkshire West
Federation of Womens Institute**
Bolton Abbey Village Hall, Bolton Abbey, BD23 6EX
Doors open 6.30pm, show starts 7pm

Tickets: **£10.00**
Tickets are available in advance

Raffle: FABULOUS prizes to be won at the show!

For tickets and more information please contact:
Contact Information. nywfw@btinternet.e