

Ashby Spa WI

August 2014

This month's presentation was by Judy Richter of TrainAidInc and covered assessing and responding as a first aider at the scene of an accident or emergency. Judy delivered a humorous but very informative demonstration to show us the protocol that we should employ, but with luck will never have to use, to save a life in such a situation. Hopefully should the need arise we will be able to be useful to a casualty. Judy was ably assisted by her torso model Gloria, Sarah Bartholomew volunteered to be her real life model for demonstrating the recovery position and you can see both in the pictures below, although Sarah has not yet been administered to at this point, so is shown in her initial playing unconscious state.

The pennants for the centenary bunting were collected and they will be put together ready for the Foxton Locks Baton day in October. Thanks to all the ladies that worked on those they are lovely and are shown below. We also had a Get Well Card competition the winner of which was Barbara Wroe, unfortunately I don't have a photo of the entries at the moment but hopefully will be able to add one shortly!



August's walk was a short circular starting at Gopsall Wharf, Snarestone. A gentle walk along the canal, through the village, over fields on the Ivanhoe Way and along a farm track. Afterwards we drove to Cattows for coffee and cake. There were 13 of us on the walk plus Pi the dog and although the weather was a little fresher than of late it was another dry and sunny day.



Unfortunately this month we had to cancel the David Austin Roses trip due to lack of demand.

We are still asking for members to volunteer for the Committee, in fact we aren't proud.....we are begging.....please, please, please step up. If you haven't done a stint it isn't an arduous job, we get together once a month to discuss the way forward where everyone has an opportunity to add their ideas and help in the things we decide to do, we do have specific jobs too for example if you have secretarial skills then we would really appreciate you taking on the Secretary position as Linda is stepping down. We need your help and ideas to make our WI run smoothly and to be interesting to as many members as possible.

Looking ahead still further we have our 5th birthday to celebrate at the AGM in October where there will be a decorated cake competition, this can be anything from a cupcake upwards! Coming forward a little to next month we have Sue Cadman presenting "My Life as a Roly Poly". To this event we would ask for any donations of unwanted, freshly laundered scarves to sell at Swannington WI's table top sale in October where we will be selling jewellery and scarves. This will be the start of raising funds over the next year for our new local charity, yet to be decided.

July 2014

Two highlights this month, the first being the Ashby Show, their Centenary Year and a fantastic show. We did really well as a WI in the competitions, in the two group competitions we entered and in the individual classes and I attach a couple of collages to show the entries that were placed. Some of the ladies to mention especially are Christine Letts, Alice Gibbons, Valerie Moreland, Jean Morrison and Sue Derrick who set up the group entries and organised the rest of us. Well done to all those that entered and Congratulations to those that won rosettes.





The following week we had our monthly meeting which was a presentation by **The History Wardrobe**. Lucy and Meri gave a very entertaining and humorous account of the development of swimwear from the 1800s through to present day, using original costumes. It was a brilliant evening and perhaps we will be able to book them again for one of their other 17 presentations. We also held a bring and buy for jewellery and this raised a very good amount for Hospice Hope, our charity this year. Polly Morgans brought in sweatpea posies from her garden and these were also sold for charity.





The trip to the Houses of Parliament has proved to be very popular and the list as of writing was close to being full, there are still places on the David Austin Roses coach trip if anyone would like to put their names down for that. WI Centenary 2015 Diaries in gold are available to order.

If you have a good singing voice the Choir need new members so if you like to sing and can help them out by swelling their numbers they would be grateful. We are looking for people to join the Committee in October, if you would like to be involved in helping to run our group please do speak to a current committee member at the next meeting you attend. For the WI's Centenary Year in 2015 we would like volunteers to form a sub committee to organize a Centenary Year Event, if you think you would like to help with that then please do step forward. The Craft Group are appealing for new members too, great for learning new craft skills, if you are free on the 1st Monday of the month it is only £10 for 4 sessions. Is there something you would like the WI to campaign on to make a change for the better? - put your case forward for a potential future Resolution.

We look forward to next month where there will be a "Get Well" card competition at the "First Aid Essentials" presentation. See you there!