

Show the love..... make and wear a green heart



What you will need to create your green cross stitched heart brooch

Download the heart design from www.thewi.org.uk/what-we-do/craft/make-and-do-blog

Cross stitch fabric (14 count has been used for the samples)

Green embroidery thread (the three examples have been created with stranded thread in different thicknesses)

Reel of white thread

Card

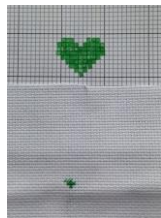
Needle

White felt to cover the back of your brooch

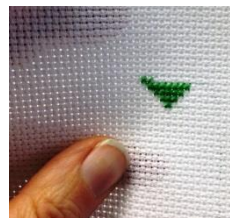
Brooch back



1.



2.



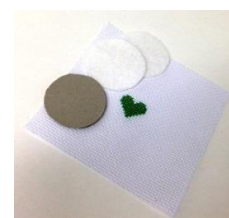
3.



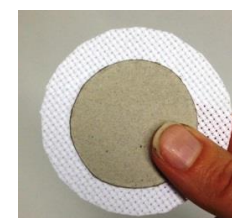
4.



5.



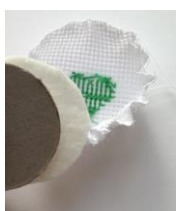
6.



7.



8.



9.



10.



11.



12.



13.



14.



15.

Collect all your materials together (1) cut your cross stitch fabric to a manageable size, (10cm x 10cm would allow enough space to create a circle brooch 4.5cm x 4.5cm) (2) now thread your needle (at least double thickness) and start stitching your crosses (following the pattern guide) (3 & 4). Secure your thread when you have finished on the reserve side. Decide on the shape (circle is the easiest by far) find something of the size you wish to create the right size circle. (5) Cut one piece of card and two pieces of felt to the same shape and size (6). Now cut the remaining fabric off around your stitched heart, leaving a good 1cm allowance around the outside. (7) Thread up a double length of white cotton, secure at the edge with a few stitches (8) and then stitch a continuous line of running stitches around the edge. When you reach the first stitches, gently gather the fabric then insert one piece of felt and the card behind the green stitching (9) making sure that your heart is facing right side out! Continue to gather until tight around the card (10) make sure that your heart is in the centre of your shape and then secure with 3 or 4 long stitches across the back (11). Take the remaining piece of felt (12) and cut two tiny holes to push the ends of the brooch back through the felt (13), making sure that you have the pin side facing outwards lay the felt onto the back of your stitched heart and secure with small whipping stitches around the outside of your brooch (14 & 15). One finished brooch! Wear with pride!