

# Prosiect Canser Cymunedau Gwledig

Lleihau rhwystrau i ofal canser mewn  
cymunedau amaethyddol a gwledig  
ledled y DU



**FCN** | THE FARMING  
CYMRU | COMMUNITY  
NETWORK

Rhif elusen gofrestredig 1095919.

Mewn partneriaeth â

**MACMILLAN**  
CANCER SUPPORT

Cymorth Canser Macmillan, elusen gofrestredig  
yng Nghymru a Lloegr (261017),  
yr Alban (SC039907) ac Ynys Manaw  
(604). Hefyd yn gweithredu yng Ngogledd Iwerddon.

## Gwasanaethau Cefnogaeth a Chymorth Macmillan

Mae Cymorth Cancer Macmillan yn cydweithio â The Farming Community Network (FCN Cymru) i **ddeall yn well** anghydraddoldebau iechyd mewn cymunedau gwledig, **herio rhwystrau** i ofal cancer ac i **gryfhau cefnogaeth** i bobl y mae cancer yn effeithio arnynt.

I wneud hyn, rydym yn:

- Codi ymwybyddiaeth o ganser a'i effaith
- Rhannu cynigion cymorth Macmillan
- Creu pontydd atgyfeirio i ac o wasanaethau Macmillan
- Ymgysylltu â chymunedau gwledig ynghylch syniadau i wella cefnogaeth
- Casglu mewnwelediad i'r hyn a olygir wrth ofal personol
- Annog ymyrraeth gynnar gyda sgrinio a diagnosis cancer

Mae Llinell Gymorth Macmillan yn cynnig cymorth cyfrinachol i bobl sy'n byw gyda chanser a'u hanwyliaid. Os ydych yn poeni am arian, gwaith neu driniaeth, neu os ydych am siarad am beth bynnag sy'n bwysig i chi, byddwn yn gwrandao arnoch ac yn eich cefnogi. Cysylltwch â ni am ddim ar 0808 808 00 00. Rydym ar agor, 7 diwrnod yr wythnos, 8yb i 8yh.



Cysylltwch â The Farming Community Network yn gyfrinachol i siarad â pherson llawn cydymdeimlad sy'n deall ffermio a bywyd gwledig.

**Ffoniwch:** 03000 111 999

**Ebost:** [help@fcn.org.uk](mailto:help@fcn.org.uk)



# Rural Communities Cancer Project

Reducing barriers to cancer  
care in farming and rural  
communities across the UK



**FCN** | THE FARMING  
CYMRU | COMMUNITY  
NETWORK

Registered Charity NO.1095919.

In partnership with

**MACMILLAN**  
CANCER SUPPORT

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland.

Macmillan Cancer Support and The Farming Community Network (FCN) are working together to **better understand** health inequalities in rural communities, **challenge barriers** to cancer care and to **strengthen support** for people affected by cancer.

To do this, we are:

- Raising awareness of cancer and its impact
- Sharing Macmillan support offers
- Building referral bridges to and from Macmillan's services
- Engaging rural communities on ideas to improve support
- Gathering insight on what personalised care means
- Encouraging early intervention with cancer screening and diagnosis

The Macmillan Support Line offers confidential support to people living with cancer and their loved ones. If you are worried about money, work or treatment, or you just want to speak about whatever matters to you, we'll listen and support you.

Contact us for free on 0808 808 00 00. We're open, 7 days a week, 8am to 8pm.

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NETWORK

Contact The Farming Community Network in confidence to speak to a sympathetic person who understands farming and rural life.

**Call:** 03000 111 999

**Email:** [help@fcn.org.uk](mailto:help@fcn.org.uk)

