



North Yorkshire West Federation News

theWI
INSPIRING WOMEN

APRIL 2022

AN INTRODUCTION TO JAPANESE GARDENING



If this inspires you to recreate something similar, you will enjoy listening to Dr Andy Bolton who is a keen gardener with an interest in Japanese gardens. He has designed his own Japanese garden at his home in Tockwith. His talk will cover a brief history of Japanese gardens, types and designs features and horticultural information. Dr Bolton is the Chairman of the regional group of the Japanese Garden Society.

Join us at Bishop Monkton Village Hall HG3 3QG on Friday 20th May from 2.00pm until 4.00 pm.

Cost £17.50 – this includes Afternoon Tea.

Please let us know of any dietary requirements you may have.

Booking Start Date: 1st April 2022 – 22nd April 2022

Confirmation will be issued by email on Friday 29th April 2022

If the closing date has passed, please contact the Office for availability – 01765 606339

Contents

Japanese Gardens.....	1
Chairman's Update.....	2
200 Club Results.....	2
Committee Reports.....	3
At a Glance	4
Public Affairs.....	5
Events.....	6
NFWI updates.....	7
Call to Action.....	7
Round the WIs.....	7
Subscriptions.....	8
Fashion Show.....	8

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Office Open:

Tuesday to Friday 9.30am –
12.30pm and 1.00-3.00pm

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Twitter

NYWFWI Charity Reg. No. 513934

Chairman's Update

by Heather Stoney hjstoney48@gmail.com



I do hope that you are enjoying getting together again with face-to-face meetings, I know for some of you it is a new experience after the last two years. Please be assured it is all a personal choice, there is certainly no pressure.

For those of you who are attending Spring Council, there will be masks and sanitiser available for anyone who requires them.

I am certainly looking forward to meeting you and hearing our two wonderful speakers. There will certainly be the sound of laughter – something that has been in short supply recently. There will be a full report of the day in next month's newsletter.

During this last month I have been delighted to attend two Afternoon Tea Parties; these are always an honour and a privilege.

The first one was to celebrate a lady who had been a member of the WI for over 60 years - what an achievement! Margaret Pearson has lived in the village all her life; she is an absolute delight to talk to. I wonder if today's members will still live in the same house all their lives - I doubt it.

Last week I attended the party to celebrate Ingleborough WI's centenary party, another huge achievement to reach 100 years. There was a magnificent display of memorabilia which highlighted milestone events and the change in fashions. I had a wonderful afternoon amongst very friendly ladies.

At the end of the month, I am going to join Bainbridge WI as they celebrate 90 years; these

events are always a privilege to be invited to.

You will see that there are a vast selection of events and workshops for you to peruse through. The committees do work very hard to provide you with such events. It is very rewarding when they are well attended.

I can't believe I am nearly at the end of a year of being your chairman. The elections for the Federation officers' roles take place the day after Spring Council. I have found this year an honour and a privilege to serve you the members. It has had its challenges, but North Yorkshire West is still here and hopefully as strong as ever. The results of the election will be in next month's newsletter - watch this space.

We have two new ladies joining the board in April: they are Sue Earl-Armstrong and Janet Kazlauciunas. They will both be assets to the Board, fresh blood and new ideas are always a huge benefit.

Sadly, though Liz Whapples is standing down after 6 years on the Board. Liz has been the Chair of Public Affairs and has worked hard to move this committee forward, with resolutions, climate change and various other projects - you will be missed Liz.

We have another busy month coming up and lots to report to you.

Best Wishes

Heather

200 Club Results

Congratulations to the following,
who have won these prizes:

£30 - (77) Thornton Watless

£20 - (43) Melsonby

£10 - (60) Settle

Denman Bursary

There are still some funds left in the Denman Bursary Account, which were awarded to members who applied to go on Denman courses.

The Board of Trustees have decided that allocation of these funds should be suspended until courses similar to those provided at Denman are relaunched, when bursaries will become available again.

Judith Stansfield - Denman Ambassador

APRIL Committee Report

Activities Committee Update

by Julie Clarke [j-a-](#)

clarke@hotmail.co.uk

April already - it's my busy month at home as lambing starts on the 2nd and those of you involved with lambing will know it's all hands on deck, especially as we have 9 sets of triplets to look forward to and they are nothing but work!!!!

Anyway returning to WI matters, not a lot happening this month for the above reasons, but plenty to look forward to in the future. I hope those of you who come to Spring Council come to the stand and if you have suggestions for events and workshops you'd like us to consider, either tell one of us, or put your suggestion on the list.

One plea I have, would any Institute in the Richmond, Ripon and Harrogate areas like to hold a Regional Quiz Heat for us this year on the 15th September?

You will receive the questions, money to cover food costs; all you have to do is book the hall, organise a question master and time keeper, run your raffle and provide a light supper and this will make money for your funds. If you have held one before and are

willing to do it again, just let me know or if you need further information and you'd like to host one for the first time, just contact me for more information by the end of the month. You're sure to have an enjoyable and profitable night.

The Fashion Show I know seems a long way ahead, but if you don't book early we won't be having it, and I understand they bring 16 rails of clothes plus accessories. It's been very successful wherever the event has been held and the prices are very reasonable. As I said last month you can check them out at www.coloursfashionshow.com I'm sure you'll agree we're in for a real treat. The ladies who attended the beading workshop had an enjoyable and productive day with Pat, one of our own members.

Lastly I have to congratulate Sara Baldwin-Cole who won the Norah Worth Competition



with her Granny Chic bag made from recycled soft furnishing material. We will shortly be announcing next years competition so why not have a go - you never know you could be the winner.

Take care, enjoy whatever activities your WI offers to take full advantage of your year's membership.

Membership Support

Sue Earl Armstrong

sueearlarmwiadviser@gmail.com

With spring giving a beautiful performance with all its colours, perhaps we can get inspired to get out and about again. The New Members invite form can now be found on our website at <https://yorkshire-north-west.thewi.org.uk/forms-download>



Book NOW for this Special Event!

**Colours Fun(DRaising)
Fashion Show**

Friday 21st October

Bolton Abbey Village Hall £10.00

See back of News Letter / Booking enclosed

**To avoid cancellation we have to have
minimum number of 75 attendees.**

Bookings close 1st July.



Why not try logging onto MyWI.org.uk; it is there for members to access. There is a host of information, recipes and also information for helping you with running your WI. Can I also take this moment to say PLEASE if you are struggling in anyway with your WI, get in touch - we are here to help,

we don't bite. Maybe you are not sure who your adviser is? Email me or call the office. Our Treasurers' workshop in June is going to be via Zoom. If you don't do zoom, please get in touch so we can give a one-to-one to anybody who is struggling. The workshop is to be held on Tuesday 21st June from 7 – 9.30pm; any queries that you may have, let us know if you have an issues that need to be discussed. More information of workshops in the future will be in the Federation newsletter. Don't forget, if you need help, give us a call.

Thank you Sue

Join us for a Wiggle with a Giggle



Walking Netball is a great fun way to get fit, improve your hand eye coordination and is accessible for all - whether you were a Super league player or haven't played since your school days, come along to a session that is friendly and welcoming and so much more than just Walking and Netball the sessions are filled with laughter and you won't even realise you are exercising your mind and body!

We meet at Fairfax Community Centre in Harrogate on Thursday Evenings 6-7pm (Term time only).

As life gets back to normal, the plan is still to have another venue in the north.

For more details, please email Leah going.potty@hotmail.co.uk



Great Yorkshire Show 12th – 15th July 2022

This month as promised we have included the forms for both Catering Assistants and Exhibition Stewards, plus an appeal for help both before and after the show on the reverse of both forms. We felt some members may be unable to help during the show but would be willing to help at other times, so if that's you, then please don't hesitate.

Also included is the Entry Form for the competitions, I do hope many of you will have a go and this year it has been decided the winning Scarecrow which will be voted on by the public and judged only for it's visual impact of your chosen outfit for the decade selected, will receive a special trophy at the Thankyou Party. Some members have asked do the clothes have to be made by the exhibitors? No, it's the overall impact only that is to be judged, not the stitching or finishing!!!!

Finally please remember with both the Catering and Exhibition forms to enclose a SAE for return of your tickets and general information. Also members bringing exhibits to the show field on Sunday or Monday, we will need a SAE to send you your GYS car window strip so you can gain access to the show ground.

Lastly please support us in what ever capacity you can, and let's make this show a memorable one for all the right reasons.

Should you have any queries don't hesitate to either Email j-a-cl Clarke@hotmail.co.uk or Tel. 01969 640271 I'll only be too happy to help. Julie

At a Glance

April		
Tuesday 5 th	Nordic Walking (2 sessions) - Evening session is FULL	2.00-3.00pm
Wednesday 6 th	Spring Council	10.00am-3.30pm
Saturday 23 rd	International Day: Nepal	10.00am—3.30pm
May		
Thursday 12 th	Shibden Hall	All day
Friday 20 th	Intro to Japanese Gardens	2.00pm—4.00pm
June		
Tuesday 14 th June	Fitness Sessions with Emma	10.30am -1.00pm or 12.30–3.00pm
Tuesday 21 st	Treasurers' Zoom meeting	7.00– 9.30pm
Thursday 23 rd	Leaded stained glass workshop	10.00am –3.30pm
Thursday 30 th	Cream Tea	2.00 -4.00pm

PUBLIC AFFAIRS REPORT

Liz Whapples

Hi everyone by hopefully you are now are fully aware of the result of the voting results for the Resolutions however just in case you are not up to speed the results were as follows:

2022 Resolutions		Sele- ctions
1	Fit for purpose - fit for girls	3,376
2	Appropriate sentencing of non-violent women offenders	22,226
3	Equality in law for the menopause	8,187
4	Women and Girls with ASD & ADHD - under-identified, under-diagnosed, misdiagnosed, under-supported	22,683
5	Tackling digital exclusion	18,638
Total selections received		75,110

This year over 75,000 selections were cast, a positive increase on last year's figures despite a second challenging year for WIs and federations due to Covid.

The NFWI Board of Trustees has agreed to put forward the top (one) resolution to the Annual Meeting in June.

The wording of the resolution is as follows:

Women and Girls with ASD & ADHD Under-identified, Under-diagnosed, Misdiagnosed, Under-Supported

Women and girls presenting with autistic spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD) are going undiagnosed. The NFWI calls on the government and funding bodies to fund research into the female presentation of ASD and ADHD, and for action to be taken to improve the diagnosis process for women and girls, to ensure that they are equipped to better manage these conditions and do not suffer in silence. The NFWI further calls on WI members to raise awareness within their WIs of the issues facing women and girls with ASD and ADHD.

Next steps – voting

WIs should now consider how they wish their delegate to vote on the 2021/22 shortlisted resolution at the NFWI Annual Meeting in Liverpool on 11 June 2022. All WIs get one vote on the resolution – for or against.

WIs may choose to give their link delegate discretion to decide how to vote after hearing the speakers and the debate at the Annual Meeting. Please ensure your WI makes it clear to your link delegate whether you are granting her discretion. As a link delegate you will by now have received the information e.g. emails/telephone numbers of who to contact regarding what you will be voting for or

whether they want to give you the option of using your discretion.

Federation Representatives and link delegates attending in-person will cast physical

paper votes during the voting session.

WIs and federations are also encouraged to hold discussion events to allow members to consider how they wish their delegate to vote. From experience this is enjoyable as it leads to healthy and productive discussion prior to the WI taking their vote. The NFWI will also be hosting a discussion event. Please see below for further details.

You can find a selection of resources to help you learn more about the resolution on the WI website and on My WI:

- Detailed briefing notes about the resolution
- A PowerPoint presentation on the topic
- A quiz to test your knowledge
- A Frequently Asked Questions (FAQs) document about the resolutions process
- A discussion guide with ideas about how to discuss the resolution in your WI
- Videos.

NFWI Resolution Discussion Event

To support members in learning more about the resolution that will be voted upon at the Annual Meeting, the NFWI will be hosting a virtual discussion event in mid-April. If you would like to attend this virtual meeting please get in touch and I can pass the information on to you once I have it. As yet there is no actual date for this meeting.

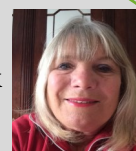
It will be chaired by Nicky Amos, NFWI Chair of Public Affairs, and will be an opportunity to hear from expert speakers on the subject of the resolution. It is intended as a supplementary opportunity to meetings and events organised by federations and WIs in advance of the Annual Meeting, so we would encourage you to continue to offer these to support members in deciding how they wish their delegate to vote.

Members who wish to join can register their interest at pa@nfwl.org.uk.

Please note that arguments for and against the resolution will not be presented at this supplementary meeting, and no voting will take place. Details on how to join the event will be shared with registered attendees closer to the time, and a recording of the event will be available on My WI shortly after the event for members to access.

If you have any questions about the NFWI Annual Meeting resolution or the resolutions process, please contact the NFWI Public Affairs Department via email (pa@nfwl.org.uk) or phone (020 7371 9300 ext.2002).

Hopefully this information will be of interest to many of you and if you do attend please share your experience with the rest of our members.



Events



APRIL

Nordic Walking with Mike Stead

Tuesday 5th Crimble Valley Old Golf Course Harrogate 2.00-3.00pm
or 6.00-7.00pm £7.50

Do you fancy something different? Have a trial session of Nordic Walking with Mike Stead from Positively Nordic. **Evening session is FULL, but ring Office 01765 606339 ASP if you want to join the afternoon session.**



Spring Council

Wednesday April 6th 10.00 for 10.30am DoubleTree by Hilton Harrogate Majestic Hotel & Spa

Bookings Places still available

International Day: Nepal

Saturday 23rd 10.00am-3.30pm Darley Village Hall £25.00

This will be a day when you can learn about this beautiful country, the Gurkha and Nepali way of life and education and follow the trail to Base Camp on Everest.

Lunch included



Bookings close 11th April



Shibden Hall

Thur 12th May £25.00 - All day visit to the home of Gentleman Jack in TV programme and the Piece Hall, Halifax -Sole survivor of 18th century Northern Cloth Hall

Bookings close 18th April

Introduction to Japanese Gardening

Fri, 20th May 2.00 – 4.00pm -Bishop Monkton £17.50

Join Dr. Andy Bolton to hear all there is to know about these gardens
Includes an afternoon tea.

Bookings close 29th April



Fitness Sessions with Emma

Tue 14th June 10.30-1.00pm or 12.30– 3.00pm Alma House £15.00

After her successful Zoom sessions and talk at Autumn Lunch, Emma will be providing practical sessions at Alma House for Beginners or Intermediate participants. Full details on booking form. Includes light lunch

Bookings close 31st May

Leaded stained glass workshop

Thur. 23rd June 9.30-4.00pm Alma House £35.00 Materials extra to pay on the day
Rachel Hutton is providing a practical Leaded stained glass workshop

Bookings close 6th June

Cream Tea

Thursday 30th June 2-4.00pm Alma House £15.00

You are invited to meet up with old and new friends for a chat over a cup of tea and scones and to hear Hannah Russell, the young and charismatic author of books about her dwarf Shetland pony, Little Alf. Hannah also is passionate about animals welfare in general.

CoVid conditions will be followed.

Bookings close 6th June

Treasurer's Meeting

21st June 7.00pm to 9.30pm on Zoom This session is FREE. An opportunity for treasurers to sort out issues.

Closing date: 30th May



Round the WIs



Ripon Centre WI has been supporting the Leprosy Mission in Nepal for about 5 years. Following an illustrated presentation at one of their meetings, members have been collecting used postage stamps and sending off to the charity.

Treasurer, Jean Marshall is busy sorting through the large pile accumulated over the festive season, ready to post off.

NFWI has launched a new monthly newsletter for members interested in WI activities!

Anything from food, gardening, craft, sport, science and the arts, learn about an annual programme of activities, projects, recipes and competitions that you can enjoy at home, online or together at national events.

Subscribe today via My WI and get exclusive details of events and activities for WI members straight to your inbox: <https://mywi.thewi.org.uk/interests>

West Witton WI Celebration Tea Party



An afternoon tea party was held for the presentation of the Certificate for Margaret Pearson's 60 years membership of West Witton WI. Margaret, now over 90 years old, has lived in the village all her life and been an active member for over 60 years

Left to right bottom row Heather Stoney NYWF chairman, Sheila Bailey, Margaret Pearson and Mary Sadler. Top row Valerie Alsop, Kirsteen MacKay, and Doreen Reynolds.

Mary Sadler



A first for Julie Clarke!

Julie provided an excellent cookery demonstration for Melsonby WI and guests from Richmond and Oresome Copper Belles, in their new kitchen facility in the church. Julie has done many demos, but this was the first time in a church!

Keep us in touch!

It is fun reading what other WIs are up to and how they are getting back to 'normal'. Please do send us your news to nywwinewsletter@gmail.com and we'll report here in brief, with more detail on the website.



**Ladies Fashion Show
AND Pop-up Shop!**

**SHOP YOUR FAVOURITE HIGH STREET BRANDS
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Colours.
[FUN]DRAISING
FASHION SHOWS

theWI
INSPIRING WOMEN

Friday 21st October 2022

**North Yorkshire West
Federation of Womens Institute**

Bolton Abbey Village Hall, Bolton Abbey, BD23 6EX

Doors open 6.30pm, show starts 7pm

Tickets: £10.00
Tickets to be purchased in advance

Raffle: FABULOUS prizes to be won at the show!

For tickets and more information please contact:
Contact Information. nywfw@btinternet.com

Subscription Payment Reminder

Please can we ask that WIs send the Federation and NFWI portion of the affiliation fees ie £22.40 per full member, to the federation by **30 April 2022** where possible, together with any outstanding fees from 2021-22.

Full details on <https://yorkshire-north-west.thewi.org.uk/members-page> with a link to download forms in word or pdf format.

Advice from NFWI Council Finance Meeting

Receipts for Subscriptions - these can either be in the form of a physical receipt or an email confirming receipt. Subscriptions cannot be taken via card machines as due to charges being made, the full subscription is not received by the WI and therefore not a valid subscription.

As ever any queries please contact me.

Hazel Smyth
Treasurer

North Yorkshire West Federation WI
01423 330561 / 07495 362525

Move more, feel better with Emma

Tuesday 14th June 2022 at Alma House



First session – 10.30am – 1.00 pm
(lunch served at 12.30 pm)
Second session 12.30pm – 3.00pm
(lunch served at 12.30 pm)

Including a light lunch.

£15 per session

First session – beginners
Second session – intermediate

A gentle warm up followed by a workout finishing with a strength and conditioning session. Please wear comfortable clothing – leggings/jogging bottoms and a T-shirt with trainers and either a yoga mat or a large towel to lie on.

Start Date: 1st May 2022 – Closing Date: 31st May 2022

Confirmation will be issued by email on 8th June 2022.

If the closing date has passed and you decide you want a place please contact the Office for availability – 01765 606339