



Quiz

Women and Girls with ASD and ADHD- Under-identified, Under-Diagnosed and Under-Supported

1. Boys with ADHD are more often described as 'hyperactive' while girls are more often described as...

- a) Messy
- b) Loud
- c) Inattentive

2. According to the National Autistic Society, men and boys are how many times more likely than women and girls to be diagnosed as autistic?

- a) 2
- b) 3
- c) 5

3. True or False: Professionals find it easy to recognise and understand the different ways autism can manifest in women and girls

- True False

4. True or false: Women and girls tend to be better at masking or hiding their ADHD symptoms than men or boys.

- True False

5. Name three difficulties people with autism might face.

Answers

1. C)
2. B)
3. False
4. True
5. People with autism may find it hard to communicate and interact with other people, may find it hard to understand how other people think or feel, may find things like bright lights or loud noises overwhelming, stressful or uncomfortable, may get anxious or upset about unfamiliar situations and social events, may take longer to understand information or may have repetitive patterns of thinking or behaviour.