



**Lincs South News Sheet – Issue 55 December 2018**



**‘WISHING ALL OF OUR MEMBERS A  
MERRY CHRISTMAS AND ALL GOOD  
WISHES FOR 2019’**

The Lincolnshire South Federation Trustees and Sub  
Committees wish you all a very Merry Christmas and look  
forward to meeting many of you next year. With many events in  
the pipeline including some favourites such as Quiz Nights/  
Craft Workshops/Lunches and much more .....

Watch this space!



## **News from your Chairman**

What a wonderful display of crafts and cookery you produced for our 'Make Bake and Show' at Navenby recently. Every time we hold this event members always surprise me as to how talented they are and produce such a high standard of work, all of the judges were very impressed. Congratulations to all the winners of the classes and well done to everyone else. I received many good comments from members of the public and fellow members. Thank you to everyone who helped to make the day go so well, we cannot stage these events without your kind help.

The next showcase of talents will be the Lincolnshire Show, if you have never entered why not give it a go and help make our marquee a talking point of the show next year. When the schedule comes to your WI please take a look and see what you could do and maybe become a winner too.

As Christmas approaches, quicker than we would like, spare a thought for those of your members who may be on their own this year, especially for those who find themselves in this position for the very first time. You could drop by, invite them for a coffee or to attend the local Carol service, take them shopping or just say hello, any small gesture on your part will be a large one to them and help to make this time of year a little more pleasant for them.

Merry Christmas to one and all, and a very Happy New Year.

Deborah Venn

## **OFFICE CLOSING DATES**

The Office will close – Thursday 20<sup>th</sup> December

Open again on Tuesday 2<sup>nd</sup> January 2019

## Membership Advisory Committee

As we are coming to the end of the year, here is a reminder to check that your MCS is up to date.

Treasurers note that account books are now to close on 31<sup>st</sup> December and all Advisers are happy to help with the correct procedure for filling in the Financial Statement. As you are aware, there have been some changes so, please contact your Adviser for more information.

Membership Advisory Committee wish you a Merry Christmas and a Happy New Year and we look forward to seeing you all at our Resolution Discussion Day at Rippingale Village Hall on Thursday 10<sup>th</sup> January 2019, from 10.30am to 2.30pm. Tea and coffee on arrival, a light lunch of soup and roll, plus cake.

Rebecca Main – Chairman of Membership Advisory Committee



### **Take a Chance Draw – November Winners**

1<sup>st</sup> – Pat Terry of Metheringham WI

2<sup>nd</sup> – Mrs S Illett of Tollgate WI

3<sup>rd</sup> – Chris Train of Rippingale WI

**Prizes this year will be – 1<sup>st</sup> £20/2<sup>nd</sup> £10/3<sup>rd</sup> £10 -the draw takes place at each monthly Board of Trustees Meeting – and prizes sent out asap after the draw.**

### **Lady Denman Cup Competition Winners 2018**

1<sup>st</sup> – Wendy Walker – Cumbria Cumberland Federation

2<sup>nd</sup> – Julie Cleaves – Powys Bracknock Federation

3<sup>rd</sup> – Irene Jones – Gloucestershire Federation and Hilary Hedison Lincolnshire Humber Federation was Highly Commended

# Make Bake and Show 2018

*'Once upon A Time.....'*

## RESULTS

The Cynthia Pearson Trophy for the WI with the highest total points overall – Navenby WI.

The Grace Hunter Cup for the best co-operative entry was jointly won by Navenby WI and Sibsey WI.

The Ella Chapman Award for best photograph – Wendy Tomkins of Metheringham WI.

The Lucy Haines Cup for best embroidery exhibit – Mabel Brooks of Frampton WI.

The Read Trophy for best cookery item – June Davis of Sutterton WI.

The Sheila Sutton Award for best craft exhibit – Nene Rayfield of Spalding Fulney WI.

The Kate Edmonds Trophy for best art exhibit – Michelle Burton of Spalding Fulney WI.

The Novice Cup – awarded to the best novice entry – Hayley Niner of Witham St Hughs WI.

**Very well done to all members who entered and took part in this bi- annual show.**



**If a WI wishes to know their total marks, please call the Office**

## Creative Craft & Cookery Committee

Over 80 members from all over the Federation joined us at The Venue, Navenby for this year's Craft Day. As usual it was a most enjoyable day. New skills were mastered, and everyone went home very pleased and proud with what they had made. It was also a chance to meet members from other WIs, make new friends and renew old friendships. We will soon be starting to plan for next year's Craft Day so if there is any craft you would like us to include or a workshop you would like us to repeat please let us know.



Your Secretary will by now have received details of our first two Office Workshops of 2019. If you have always wanted to be able to Crochet, then this is your chance to learn. You will also have the opportunity to make beautiful Spring Flowers in paper. These are just the first two of a series of workshops we will be holding at the Office next year.

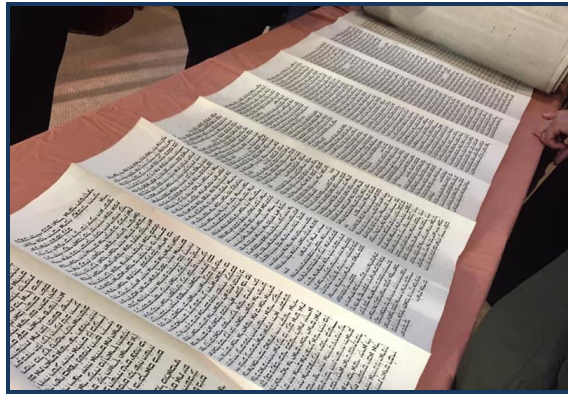


Debbie's sweet making results  
– look delicious

On behalf of myself and the members of the Creative Craft and Cookery Committee we wish you all a very Merry Christmas and a Happy New Year and we look forward to seeing many of you in 2019.

Pat Masters - Chairman of Creative Craft and Cookery

## PUBLIC AFFAIRS & EDUCATION



Members enjoyed a most interesting visit to the Sinai Synagogue in Leeds. Sinai teaches Reformed Judaism believing in equality in sexes and reaching out into the local community. We were shown one of the 1,564 Czech Scrolls that were rescued during the Second World War.

### **Mental Health Matters**

Have you ever wondered.....

*What makes us mentally healthy?*

*What happens in our brain to create feelings?*

*Could I help myself feel happier?*

*How much of how we feel is caused by our thinking?*

We invite you to join us on Friday 8 February at Scredington Community Centre where these, and any other questions you may have will be answered.

After a welcome at 10.15am with tea or coffee, you will have the opportunity to hear our guest speakers. They include an author and mind coach who will give his personal account on how he coped with depression.

The afternoon session will focus on identifying and providing help in the community for adults, young people and children who are experiencing mental health problems. This will be delivered by a team of qualified counsellors from Don't Lose Hope, who are a new mental health charity based in Bourne. They will cover issues such as depression, anxiety, grief, alcoholism, eating disorders and stress. If you are worried about a friend, or family member this will give you the opportunity to receive support and guidance and ask any questions you may have.

Feedback will follow so that members can return to their institutes to cascade the information gained and form a plan on ways they can support people with mental health problems.

We look forward to welcoming you. The cost is £14 to include a light lunch. Details are with your Secretary.

Beryl Chinneck and the Public Affairs & Education team.



**Forthcoming Diary Dates** - Listed below are forthcoming events planned and organised by your Federation Board of Trustees and Sub-Committees. Each event has a stated closing date, by which all applications and payments need to be at the WI Office, and **no chq is banked** until this **closing date is reached** and/or places secured. **Quiz teams up to a maximum of 4 please.**

<b>Date</b>	<b>Event</b>	<b>Venue</b>	<b>Closing</b>
<b>23<sup>rd</sup> Nov</b>	<b>Quiz Night – £6.50</b>	Hale Magna Village Hall, Great Hale	<b>31<sup>st</sup> October</b>
<b>29<sup>th</sup> Nov</b>	<b>Rockingham Castle Tour with High Tea - £42</b>	Rockingham	<b>1<sup>st</sup> October</b>
<b>13<sup>th</sup> Dec</b>	<b>Festive Fun Flowers – £15</b>	WI Office	<b>9<sup>th</sup> Nov</b>
<b>10<sup>th</sup> Jan 2019</b>	<b>Resolution Discussion Day - £9.00 (includes light lunch)</b>	Rippingale Village Hall	<b>10<sup>th</sup> Dec</b>
<b>8<sup>th</sup> Feb</b>	<b>Make Time for Mental Health - £14.00</b>	Scredington Community Centre	<b>7<sup>th</sup> Dec</b>
<b>13<sup>th</sup> Feb</b>	<b>Walking Netball - £6.00</b>	Wellingore Village Hall	<b>11<sup>th</sup> January</b>
<b>14<sup>th</sup> Feb</b>	<b>Walking Netball - £6.00</b>	Pinchbeck Village Hall	<b>11<sup>th</sup> January</b>
<b>19<sup>th</sup> Feb</b>	<b>Crochet for Beginners- £10</b>	WI Office	<b>22<sup>nd</sup> Jan</b>
<b>7<sup>th</sup> Mar</b>	<b>Spring Flowers in Paper - £10</b>	WI Office	<b>7<sup>th</sup> Feb</b>
<b>12<sup>th</sup> Mar</b>	<b>Annual Meeting - £14.50</b>	Springfields, Spalding	<b>1<sup>st</sup> Feb</b>
<b>26<sup>th</sup> Mar</b>	<b>Driver Awareness Session - £8</b>	South Witham Village Hall	<b>15<sup>th</sup> Feb</b>
<b>12<sup>th</sup> April</b>	<b>Federation Quiz Night - £6.50</b>	Hale Magna Village Hall, Great Hale	<b>TBC</b>
<b>9<sup>th</sup> May</b>	<b>In Door Archery - £8</b>	Welbourn Village Hall	<b>20<sup>th</sup> March</b>
<b>23<sup>rd</sup> May</b>	<b>In Door Archery - £8</b>	South Witham Village Hall	<b>20<sup>th</sup> March</b>
<b>5<sup>th</sup> June</b>	<b>NFWI Annual Meeting</b>	Bournemouth	<b>10<sup>th</sup> Nov</b>
<b>12<sup>th</sup>-14<sup>th</sup> Aug</b>	<b>Denman Visit</b>	Denman College	<b>28<sup>th</sup> Feb</b>

## News from Lincolnshire South WIs

**Witham St Hughs** - The Witham St Hughs WI turned 9 years old in October. To celebrate we enjoyed an evening of gin tasting at our monthly meeting.

The Tipple Tin (<http://thetippletin.co.uk/>) girls came along to talk to us about the making gin process whilst we sampled some of their exotic gin and tonic creations. The 'Just for Fun' for the evening was 'Dress to Impress' so there were lots of party frocks and celebrations. We ran a successful Autumn Farmers Market on Saturday 6<sup>th</sup> October, which was a huge success. We had a fantastic selection of stalls (14 of them!) selling everything from local meat to soaps, crafts, millionaires shortbread and the most enormous pumpkins you have ever seen! The Appletree Nursery, the local Youth Club, the village Scouts plus the Witham St Hughs Academy after



school craft club created some fabulous scarecrows for our scarecrow trail and the younger visitors voted the green one pictured as the best one of them all! A few of our members have formed a subcommittee and have taken on the upkeep of a small community garden in the village. They are planning on developing it into a relaxing, sensory space for the village. One of the recent activities has been choosing, purchasing and planting spring bulbs ready for next year along with brainstorming other ideas as to how they can develop the sensory elements further. Some of our members attended our annual group meeting, hosted by Navenby WI. They displayed our floral creation and enjoyed the modern and traditional sides to our Lincolnshire WIs with an amazing buffet, which included a retro cheese and pineapple hedgehog, truly scrumptious cakes and vodka jelly shots! We had several of our talented members enter their creations

into this year's Make, Bake & Show. Hayley Niner did fantastically well and won the Novice Cup for her postcard. Our monthly craft meetings have proved to be very popular. We meet in the local café/bar on a Sunday evening for a couple of hours of chat and whatever current crafting project we would like to bring down. Our October one focused on poppy-making for our Remembrance Day display at the service on the 11<sup>th</sup> November. A local villager, 'All Wrapped Up' gave us a demo followed by teaching us how to make our own very special wrapped up gift! We all brought a bottle along and spent a lovely evening learning a new, very useful skill.

Jo Willmott – Witham St Hughs WI



**Navenby WI** hosted the Phoenix Meeting at The Venue in Navenby on Friday 12 October 2018. Our enjoyable entertainment was Ian Maher, his subject 'Laughing my way round the world'. This proved to be very interesting and funny, helped by his excellent slide animations as he went 'round the world from A to Z'. A delicious supper was thoroughly enjoyed by all. Gina Newstead (Navenby WI President), Pauline Dorey (Group Treasurer) and Jane Root (WI Advisor) welcomed everyone to the meeting.



**Members of Whaplode (Village) WI** set to and knitted 100 poppies ready for Remembrance Sunday. These poppies were used to make a scroll which commemorated 100 years of the End of World War 1 and a tribute to all who lost their lives for freedom then and since. This scroll is displayed in Whaplode Church where it will stay for quite a while.

Julie Hicks (President) Whaplode (Village) WI



## Long Bennington WI – 100 Years



As the First World War ended in November 1918, eleven inspiring women, with Mrs Younghusband as President, founded Long Bennington WI. On 6<sup>th</sup> November 2018 at our Centenary celebration we paid tribute to our founder members by wearing Bennington Bonnets, each personally styed to represent the ethos of our WI. All members received an inscribed silver-plated bookmark to commemorate this very special birthday. The cake was made by Beryl Holmes and iced by Pearl Scott.

Anne Swarbrick – Minutes Secretary



What a marvelous turn out – you all look lovely in your dresses and hats ladies!

## Recipe Corner

This was one of the Sweet Recipes used at the recent Craft Day.

Sweet Rum Bites - Makes 24



### Ingredients

- 165g sultanas/125ml rum
- 250g rich tea biscuits crushed
- 1 tin condensed milk (397g)
- 21 tablespoons cocoa and desiccated coconut for rolling

### Method

1. Soak the sultanas in rum overnight.
2. Mix the crushed biscuits, sultanas, milk and cocoa together in a large bowl. Chill for 2 hours.
3. Using your hands form small balls of the mixture and roll in the coconut.
4. Keep refrigerated.

Would make a lovely homemade gift.

**Inclusions for News Sheet** – Please send copy to WI Office or email first week of the month for inclusion that month (remember we work a month in advance) Editor: Mrs. Deborah Venn – Federation Chairman

If photographs are submitted, please make members aware that they could be featured in news sheet/website/Social media or Lincolnshire Life. Ensure members involved will allow this please. **Office Contact Details** – WI Office, Suites 7, 7a and 8 Pattinson House, Oak Park, East Road Trading Estate, Sleaford, Lincs NG34 7EQ. 01529 302398 fedoffice@lsfwi.org.uk **Charity No – 506268.**

If you wish to advertise in this news sheet – free to WI's, non-WI 40p a word, plus £5 for insertion. To have a flyer included please supply 100 copies and payment of £36 – Cheque made payable to LSF of WI. Office Hours – Monday to Thursday 9am to 3pm. Closed 12 noon to 1pm lunchtime and all-day Friday. During winter months – Mon and Thursday will close at 2.30pm. LSFWI is affiliated to the National Federation of Women's Institutes, 104 New Kings Road, London SW6 4LY Telephone – 020 7371 9300. Charity No 803793

**To reach WI Office** - Turn off East Gate Road by Kwik Fit – we are at the bottom on the right-hand side, a large square building just after Go Dance Studio. **Borrowing the Federation Gazebo/Flags** – You may borrow this for your events. Call the office or email for further info or to see if available for dates required. It is quite heavy and awkward so best if two people call to collect and return.



**WI Office Parking** – To remind members coming to the office that we only have 4 parking slots in front of the office; the remaining spaces belong to the other offices within Pattinson House. However, there are usually places to park just across from the Go Dance Studio on a strip of grass. Thank you