

Lincolnshire South Federation of WIs

Following on from the success of the training event last year led by our team of WI Advisers, we are pleased to announce another date for:

‘TALKING FOR THE TERRIFIED’



We all feel nerves before standing up and talking in front of an audience, no matter how experienced we are. If you would like to learn skills to cope with public speaking, deliver effectively and look confident even when you don't feel it, then this is the course for you!

Topics include:

- Relaxation techniques
- Introducing and thanking a speaker
- Announcing an event
- Reading a report
- Practice techniques to help you prepare

We have 2 sessions on offer and places are limited to 16 per session, so please state which session you would prefer when applying.

Venue: WI Office, 7 Pattinson House

Oak Park, East Road

Sleaford, NG34 7EQ

Date: October 1st 2020

Time: 3 – 5pm

or

7 – 9pm

Cost: £7 per member

Please complete the application form below and send payment to: WI Office, 7 Pattinson House, Oak Park, East Road, Sleaford NG34 7EQ.

Closing date: 3rd September 2020.



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EVENT: Talking for the Terrified

DATE: October 1st 2020

WI.....

Members Applying for Event

Please complete this form with the details of your members wishing to attend this event, their contact telephone number and tick which session time is preferred:

	Name	Number	Session 3 – 5pm	Session 7 – 9pm
1				
2				
3				
4				
5				
6				

Number of Tickets required

Members..... @ £ 7.00 each = £

Please make cheques payable to: 'LSF of WI', and send with a SAE to WI Office, Suite 7 Pattinson House, Oak Park, East Road, Sleaford NG34 7EQ

Total Payment sent £

Please send a SAE for your tickets – thank you

Please return form completed along with payment ASAP (this avoids cancelling an event). No cheque will be cashed until places are allocated. If unsuccessful your cheque will be returned after the closing date has passed.

